



generations united

Because we're stronger together[®]

Global Intergenerational Conference

WASHINGTON, D.C. | JULY 26 - 28

The Inherent Strengths In Kinship Families

For Caregivers and Professionals

By

Dr. Joseph Crumbley



The Inherent Strengths in Kinship Families is a training series developed by Dr. Joseph Crumbley for kinship caregivers and professionals. The series takes a strength-based perspective in outlining different topics that are unique to kinship families and providing strategies for caregivers.

STRENGTHS & TRAINING MODULES COVERED:

Attachment * Identity * Legacies *
Healing * Family Dynamics * Co-Parenting

WHAT'S INCLUDED

- THIS TRAINING SET CONSISTS OF 6 MODULES, TWO VIDEOS IN EACH MODULE FOR A TOTAL OF 12 VIDEOS
- EACH VIDEO IS APPROXIMATELY 30 MINUTES
- A FACILITATOR'S GUIDE IS PROVIDED FOR EACH OF THE SIX MODULES FOR A TOTAL OF 6 GUIDES

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WELCOME LETTER

Welcome to Washington, D.C.!

We are delighted to welcome you to Generations United's 22nd Biennial Global Intergenerational Conference. It has been over 10 years since we last convened in the nation's capital, and over 4 years since we were together in person in Portland, Oregon. So much has changed in that time, and intergenerational connections have never been more needed.

We are thrilled to bring together attendees from across the U.S., as well as nine different countries, to connect and learn about intergenerational programs, policies, and solutions that span a wide range of perspectives and experiences.

Our goal over the next few days is that you have a great learning experience and make lasting connections with your fellow colleagues as we dive into the latest trends, topics, research, and resources in the intergenerational and grandfamilies fields. We know many of you will also be journeying to Capitol Hill to share your stories with your Members of Congress. Our hope is that you will forge life-long relationships and memories. Take some time to take advantage of a city known for its rich history and culture. The conference hotel is just steps away from the beauty and history of the National Mall and the bustle of the Southwest Wharf. We encourage you to take advantage of this prime location and explore all this area has to offer.

Please join us in thanking our planning committee and the Generations United staff for the months of hard work and organizing that made this conference possible. They've done an amazing job bringing together a range of thought-provoking speakers and innovative workshops, roundtables, posters, and networking opportunities. It would not have been possible without them!

We are so happy that you are here and part of the incredible community that forms during each conference. Every connection we build deepens the intergenerational movement, and YOU are an essential part of that power. Learn, enjoy, and celebrate!



Donna M. Butts,
Executive Director,
Generations United



Joseph Cuticelli,
Generations United
Board Chair

ABOUT GENERATIONS UNITED

The mission of Generations United is to improve the lives of children, youth, and older adults through intergenerational collaboration, public policies, and programs for the enduring benefit of all. For over three decades, Generations United has catalyzed cooperation and collaboration among generations, evoking the vibrancy, energy, and sheer productivity that result when people of all ages come together. We believe that we can only be successful in the face of our complex future if age diversity is regarded as a national asset and fully leveraged. Generations United focuses on enacting policies and promoting programs to help grandfamilies, exploring and expanding intergenerational shared sites, elevating promising practices for high quality intergenerational programs and community initiatives, and elevating multigenerational living and home sharing. **Learn more at www.gu.org.**

The Generations United Team

- **Donna M. Butts**, Executive Director
- **Jaia Peterson Lent**, Deputy Executive Director
- **Bruce Astrein**, Senior Fellow
- **Maya Becker**, Summer Intern
- **Ana Beltran**, Director, Grandfamilies & Kinship Support Network
- **Kristin Bodiford**, Fellow
- **Shalah Bottoms**, Technical Assistance Specialist, Grandfamilies & Kinship Support Network
- **Tanya Burgess**, Intergenerational Program, Policy & Advocacy Fellow
- **Jamarl D. Clark**, Assistant Director, National Center on Grandfamilies
- **Kylee Craggett**, Technical Assistance Specialist, Grandfamilies & Kinship Support Network
- **Melissa C. Devlin**, Assistant Director, Grandfamilies & Kinship Support Network
- **Mona Edwards**, Grants & Contracts Specialist
- **Roh Ghafoori**, Project Assistant, Grandfamilies & Kinship Support Network
- **Karen Gillespie**, Grandfamilies Project Coordinator
- **Nancy Henkin**, Senior Fellow
- **Adam Hlava**, Finance & Operations Director
- **Constance Jones**, Office Assistant
- **Magda Kaczmarska**, Fellow
- **Irv Katz**, Senior Fellow Emeritus
- **Michael Marcus**, Senior Fellow
- **Emily Patrick**, Senior Manager
- **Chelsi Rhoades**, Public Policy & Advocacy Coordinator
- **Anita Rogers**, Senior Fellow
- **Sheri Steinig**, Director, Strategic Initiatives & Communications
- **Rachel Tailby**, Operations Coordinator
- **Fabian Venegas-Ramos**, Digital Communications Coordinator
- **Ilonka Walker**, Intergenerational Coordinator
- **Adina Wambua**, Project Assistant
- **Maari Weiss**, Communications Coordinator, Grandfamilies & Kinship Support Network
- **Robyn Wind**, GRAND Voices Support Coordinator

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KEVIN BRABAZON



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Dr. Joseph Crumbley



MATZ BLANCATO
& ASSOCIATES

THANK YOU, CONFERENCE COMMITTEE MEMBERS!

- **Annie Alameda**, Lindenwood University
- **Stephanie Armendariz**, Chapin Hall Center for Children at the University of Chicago
- **Tanya Burgess**, Arizona State University
- **Ryan Champeau**, Forward Design
- **Kathy Coleman**, Grandparents Raising Grandchildren Info Center of Louisiana
- **Lee Covington**, Senior Services, Inc.
- **Diana Ganger**, Ideal18NFP
- **Victoria L. Gray**, GreyNickel Inc.
- **Jim Holway**, Vermont Kin As Parents, Inc.
- **Jeni Hoover**, Kendal at Oberlin
- **Janny Jang**, Consultant
- **Alicia Jones**, Young Dreams
- **Dale Josey**, AWG55.com
- **Jill Juris**, Appalachian State University
- **Matt Kaplan**, Penn State University
- **Eun Koh**, The Catholic University of America
- **Lizbeth Lopez**, County of San Diego
- **Keith Lowhorne**, Alabama Foster and Adoptive Parent Association
- **Lori Marks**, Link Generations
- **Corinna Martin**, Mothers Of Victim's Equality Inc.
- **Maeona Mendelson**, Hawaii Intergenerational Network
- **Vivian Nava Schellinger**, National Council on Aging
- **Chandra Ortiz**, Kinship Connections of Wyoming
- **Maria Patel**, Community Support
- **Rolanda Pyle**, Social Worker
- **Sharon Rose**, Life Planning Network
- **Shai Rosenfeld**, DOROT
- **Berenice Rushovich**, Child Trends
- **Mariano Sánchez**, Macrosad Chair in Intergenerational Studies, University of Granada
- **Sarah Smalls**, Formed Families Forward
- **Maureen Statland**, Retired
- **Erika Taylor**, Taylored Fitness
- **Emily Tran**, Intergenerational Gerontology Alliance
- **Judith Turner**, DOROT
- **Heather Wallace**, Grand Valley State University
- **Susan Whiteland**, Arkansas State University

TABLE OF CONTENTS

WELCOME LETTER.....	3
ABOUT GENERATIONS UNITED.....	4
THANK YOU, SPONSORS!.....	5
THANK YOU, CONFERENCE COMMITTEE MEMBERS!.....	6
TABLE OF CONTENTS	7
TUESDAY, JULY 25	8
Changing Demographics Can Result in Strengthening Families - Expert Symposium	8
WEDNESDAY, JULY 26	8
Pre-Conference Events.....	8
Registration & Information.....	9
Pre-Conference Sessions	9
Pre-Reception Meet & Greet.....	10
Welcome to D.C.! Conference Kick-Off Reception.....	11
What Is/What Can Be Exhibit.....	11
THURSDAY, JULY 27.....	12
Registration & Information.....	12
Welcome Breakfast.....	12
David S. Liederman Opening Plenary: Celebrating the Grandparent Advantage.....	12
Workshop Block 1	13
Workshop Block 2.....	16
Generations United’s Awards Luncheon	20
Workshop Block 3.....	21
Program & Research Showcase.....	25
Workshop Block 4.....	36
Workshop Block 5.....	38
Peer Groups.....	41
FRIDAY, JULY 28	43
Registration & Information.....	43
Janet Sainer Networking Breakfast.....	43
Roundtable Discussions.....	46
Workshop Block 6.....	53
Workshop Block 7.....	55
Closing Luncheon: Connecting Generations Through Music	58
HOTEL MAP	59

TUESDAY, JULY 25

Changing Demographics Can Result in Strengthening Families - Expert Symposium

10:00 am - 4:00 pm | Closed Meeting

Generations United is organizing an invitation-only Expert Symposium entitled "Changing Demographics Can Result in Strengthening Families" as a pre-event to the Global Intergenerational Conference. The Symposium is convened as part of the preparations for the observance of the Thirtieth Anniversary of the International Year of the Family, 2024 (IYF+30). The purpose of the Symposium is to elicit expert opinions, including experts with lived experience, and provide expert recommendations on intergenerational solidarity. Recommendations will be in line with the relevant resolutions of the United Nations General Assembly regarding good practices in family policymaking in light of changing demographics specifically the changing roles of older adults in families and civil society supports for intergenerational and multigenerational families. The final outcome report of the meeting will summarize the discussion held, include background papers prepared by invited experts, and present recommendations to be used as input to the 2023 Report of the Secretary-General on "Preparations for and Observance of the Thirtieth Anniversary of the International Year of the Family." **Highlights from the symposium will be shared during a workshop on Friday, July 28th from 10:45 am - 11:30 am.**

Major support for the Changing Demographics Can Result in Strengthening Families symposium at the 2023 Generation United Global Conference is provided by the Doris Duke Foundation.

WEDNESDAY, JULY 26

Pre-Conference Events

Hill Visit Prep Session

8:00 am - 9:00 am | Pre-Registration Required

McPherson

Sponsored by: 

Come learn how to be an effective advocate for intergenerational and grandfamilies policies and programs from a panel of congressional staff and experienced advocates. Find out what it's really like to navigate the halls of the Senate and House office buildings and advocate on the "Hill." Learn how to communicate your important experiences to policymakers and staffers and how to make the most out of your visits. You will leave with background materials to help you prepare for your Hill visits, including talking points and packets to leave behind with your Members of Congress. After the session, staff will be on hand for those seeking additional help with practicing and polishing your upcoming discussions with congressional staff, and to guide you to the Capitol to use what you've learned and take action!

Presenters

- **Dory Finney**, U.S. Senate Special Committee on Aging
- **Amy Gotwals**, USAging
- **Andrew Gradison**, U.S. Senate Committee on Health, Education, Labor, and Pensions
- **Jaia Lent**, Generations United
- **Shaquita Ogletree**, Youth Villages
- **Chelsi Rhoades**, Generations United

Site Visit - Plaza West Grandfamilies Apartments

9:00 am - 12:00 pm | Pre-Registration Required

Front Lobby

Transportation is provided to and from the site (1035 4th Street, NW) starting from and returning to the Hilton National Mall/The Wharf.

Join Generations United for a tour of Plaza West, an apartment complex with 50 units set aside for grandfamilies in the Mount Vernon Triangle neighborhood of Washington, DC. Plaza West is one of the only innovative, affordable grandfamilies housing programs in the country, and it is just a short ride from the conference hotel. After a tour of the facility, we will learn from leaders who oversee Plaza West Grandfamily Community Life Housing program and GrandParent Family Apartments in the South Bronx. They will share about their specially designed housing, which feature on-site services for kinship caregivers, children, and youth. The panel discussion will take place on the top floor of Plaza West with its beautiful panoramic view of DC. We will enjoy light refreshments, hear about the importance of these programs from a kinship caregiver resident of Plaza West, and gain knowledge that will help you take steps to bring these programs to your community.

Presenters:

- **Jamarl D. Clark**, Generations United
- **Sean Fleming**, Plaza West Grandfamily Community Life Housing
- **Rimas Jasin**, Presbyterian Senior Services GrandParent Family Apartments
- **Kenyattah Robinson**, Mount Vernon Triangle Community Improvement District

Registration & Information

12:00 pm - 7:00 pm

L'Enfant Foyer

Pre-Conference Sessions

1:00 pm - 4:00 pm | 2 sessions running concurrently | Pre-Registration Required

Creating Your Intergenerational Playbook: Key Skills to Build Quality Intergenerational Initiatives

Mt. Vernon (2nd Floor)

Looking to learn and develop new skills in intergenerational practice? This pre-conference intensive will offer attendees the opportunity to take a deep dive into some of the key elements of high-quality intergenerational initiatives. You will be able to choose from small group breakout sessions led by experts in the intergenerational field. Practitioners new to the work can opt for a two-part training on the basics of creating an intergenerational program. Those who already have an intergenerational program can choose to build skills such as research and evaluation, designing activities, facilitating intergenerational groups, and preparing participants. Join us for the chance to hone your knowledge and get to know others in the field before the conference starts.

Presenters:

- **Tanya Burgess**, Arizona State University & Generations United
- **Carson De Fries**, University of Denver
- **Nancy Henkin**, Generations United
- **Anita Rogers**, Generations United
- **Shai Rosenfeld**, DOROT
- **Judith Turner**, DOROT
- **Ilonka Walker**, Generations United

GRAND Strategies to Embrace the Unique Service Needs of Kinship Families

Archives



Dave Thomas
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Forever Families for Children in Foster Care

Sponsored by:

Public and private agencies across the country are instilling a kin-first philosophy in child and family services because research and family experiences show that children and youth who cannot live with their parents do best when they are in the care of relatives or close family friends. The diverse racial/ethnic, demographic, and service needs of kinship/grandfamilies require tailored supports. This pre-conference program will showcase effective strategies, practices, and policies that are being implemented by kinship navigators and other kinship service providers across the United States. During this session, we will encourage shared learning amongst audience members who are leading navigator programs, family resource centers, community-based peer support programs, and other kinship-serving programs. Join your peers in learning what is working to serve and support kinship caregivers of all ages, and the children they raise both inside and outside the child welfare system.

Presenters:

- **Rosalyn Alber**, State of Washington / ALISA Kinship Navigation Program
- **Ana Beltran**, Generations United
- **Jamarl D. Clark**, Generations United
- **Brennyn Columbo**, HALOS
- **Larry Cooper**, Children's Home Network Kinship Navigator Program
- **Bette Hoxie**, Adoptive and Foster Families of Maine, Inc.
- **Heidi Lester**, Montana Kinship Navigation Program
- **Chandra Ortiz**, Kinship Connections of Wyoming
- **Emily Smith Goering**

Pre-Reception Meet & Greet

GRAND Voices Meet & Greet

4:30 pm - 5:30 pm

Archives

Current and former Generations United's GRAND Voices members are invited to join us for an informal gathering before the Kick-Off Reception. We look forward to this opportunity to reconnect and make introductions to those who have traveled from around the country.

Early Academic Careers Meet & Greet

5:00 pm - 5:30 pm

Dupont

Graduate students and those early in their academic careers are invited to join us for this informal gathering. We look forward to this opportunity to make introductions and connect before the conference officially begins.

International Attendee Meet & Greet

5:00 pm - 5:30 pm

Executive Suite

International attendees are invited to join us for an informal gathering. We look forward to this opportunity to make introductions and extend a warm welcome to those who have travelled from around the world to be with us in Washington, D.C. before heading to the Kick-Off Reception.

Welcome to D.C.! Conference Kick-Off Reception

5:30 pm – 6:30 pm

Solarium

Sponsored by: 

Join us for an energizing welcome to Washington, D.C. as we kick off Generations United's 22nd Global Intergenerational Conference. Light appetizers and refreshments will be available.

Conference attendees are required to pick up their registration materials prior to attending the Kick-Off Reception.



Welcoming Remarks:
Donna Butts, Generations United

What Is/What Can Be Exhibit

NoMa/Dupont Foyer

Generations United welcomes you to **What Is/What Can Be**, our program, experience, and exhibit featuring the world of What Is and What Can Be as seen through the eyes of grandfamilies or kinship families. The grandfamilies you meet here are our inaugural group of experts, sharing their lived experiences, and helping us to see, imagine, and create new futures. Each panel features **What Is: Challenges Faced** from the perspective of the caregivers and **What Can Be: Futures Envisioned** from the perspective of the children. Annie Levy is our creative visionary and partner in bringing this exhibit to life.

Please pause and take in the ten panels of the exhibit. You will hear from some of the grandfamilies who participated in the project during the Opening Session on Thursday. The exhibit is available for display at your meetings and events. Contact us at gu@gu.org for more information.



THURSDAY, JULY 27

Registration & Information

7:30 am – 7:00 pm

L'Enfant Foyer

Welcome Breakfast

7:30 am – 8:30 am

L'Enfant Foyer

Continental breakfast will be served in the L'Enfant Ballroom Foyer. Please note that the opening plenary begins promptly at 8:30 am, and we ask all attendees to be seated at that time.

David S. Liederman Opening Plenary: Celebrating the Grandparent Advantage

8:30 am – 10:00 am

L'Enfant Ballroom

In honor of the 30th anniversary of the International Day of Families in 2024, the David S. Liederman opening plenary session will focus on the “grandparent advantage,” described as the ability to recycle human knowledge, understanding, culture, and experience to benefit future generations. Throughout time older adults have been essential in supporting strong, healthy families and growing children. The grandparent advantage illustrates the reciprocity that is intrinsic to intergenerational programs.

With the number of older adults increasing around the globe, we have an incredible opportunity to strengthen communities and families through intergenerational solutions. This session will feature a panel of grandparents and intergenerational experts discussing the key role of grandparents and other older people in the lives of successful younger people. By sharing stories, lessons learned, and advice through dialogue, video, and pictures, this interactive panel will illustrate the impact grandparents have had, and continue to have, on future generations. Participants will leave this session inspired to continue or expand their important work with intergenerational programs and families to build a world that values all ages.

Our opening session honors the late David S. Liederman, co-founder and former vice chair of Generations United, former executive director of the Child Welfare League of America, and former chief executive officer for the Council on Accreditation. He and Jack Ossosky, who was executive director of the National Council on the Aging and co-founder of Generations United, envisioned a society where the generations work together to improve the lives of children, youth, and older adults. Their vision led to the creation of Generations United. Throughout his life, David was a passionate advocate for vulnerable children and families and for the reciprocity between generations that frames intergenerational work. The Generations United Board of Directors created this plenary session as a lasting tribute to David.



Welcoming Remarks:

Donna Butts, Generations United

Panel: What Is/What Can Be - Seeing the World Through the Eyes of Grandfamilies



Bette Hoxie,
Generations United
GRAND Voice and
Jacob (7), Grandchild



Genia LaRese Newkirk
Generations United
GRAND Voice and
Nadia (10), Niece



Laurie Tapozada,
Generations United
GRAND Voice and
Emmanuel (8),
Grandchild



Annie Levy
(moderator)
Photographer, Writer,
& Storyteller

Panel: Grandparents and Grandfriends - Pillars in Families and Communities



Juan Williams (moderator),
Journalist, Author, Father, &
Grandfather



Pam Smith, Intergenerational
Program Expert, Mother of
former NFL Quarterback Alex
Smith, & Grandmother



Joy Thomas Moore,
Philanthropy Professional,
Author, Mother of Maryland
Governor Wes Moore, &
Grandmother

Workshop Block 1

10:15 am - 11:00 am | 6 workshops running concurrently

The Impact of Kinship Navigator Case Management Model on Caregivers and Their Children

Archives

This presentation will include an overview of the Washington state enhanced kinship navigator research project. The research compares the information and assistance (services as usual) kinship navigator model against the enhanced case management model of service delivery. An overview of the essential components of the enhanced model will be provided, along with an overview of both quantitative and qualitative outcomes that children and caregivers in the pilot sites experienced. Attendees will be invited to ask questions, have conversations with other participants, and reflect on opportunities to enhance kinship navigator programs in their own communities.

Presenters:

- **Rosalyn Alber**, Washington State Department of Social and Health Services, Aging & Long-Term Support Administration, Kinship Program
- **Lori Vanderwill**, Partners for Our Children of the University of Washington
- **Amanda Krotke**, Washington State Department of Social and Health Services, Aging & Long-Term Support Administration, Kinship Program

Making the Intergenerational Case to Funders

Gallery I (2nd Floor)

Join an expert panel of grantmakers as they discuss how to make the case for your intergenerational work. Leaders from private foundations and the government will offer their perspectives, advice, and guidance about how to talk to funders as you seek support for efforts that engage younger and older generations to build healthy, strong intergenerational communities and tackle today's pressing issues.

Presenters:

- **Cathy Choi**, The Eisner Foundation (moderator)
- **Amy Eisenstein**, RRF Foundation for Aging
- **Andrew Levack**, St. David's Foundation
- **Kari Sederburg**, Michigan Health Endowment Fund
- **Atalaya Sergi**, AmeriCorps Seniors

Beyond Generations: An Intergenerational Multicultural Learning Programming Approach

Gallery II (2nd Floor)

The University of Minnesota Extension Latino SNAP-Ed team will lead an in-depth conversation to discuss how, for more than 20 years, they have been developing, designing, and implementing innovative transgenerational programming initiatives targeting multicultural communities, including programming that promotes behavioral change leading to the adoption of healthy and active lifestyles. Throughout the years, the children and grandchildren of staff members have participated and become actors in the learning process. For instance, Levi, the grandson of one of our educators, will share how he is learning from his grandmother, and other Latino Educators, how to cook healthy traditional Latin-American food. Levi's learning, as well as that of the participants, goes beyond the cooking process; they learn about their culture, traditions, and ancestors from old and new memories, creating a community that, in the middle of a global pandemic, helps to overcome and palliate the effects of discrimination, trauma, isolation, and lack of in-person interactions.

Presenters:

- **Angelica Pena**, University of Minnesota Extension
- **Leticia Rodriguez**, University of Minnesota Extension
- **Maria Conchita Páez-Sievert**, University of Minnesota Extension
- **Levi Gomez-Walker**, University of Minnesota Extension
- **Rosie Gonzalez**, University of Minnesota Extension
- **Luisa Trapero**, University of Minnesota Extension

Cogenerational Strategies for Solving Social Problems: A Case Study with Bay Area Black Leaders

Gallery III (2nd Floor)

Our lives are age-siloed, but our social problems are not. Given the extent of age segregation in the U.S., it's easy to see divides, harder to see areas of agreement. However, a recent study commissioned by CoGenerate and performed by NORC researchers at the University of Chicago shows nearly universal belief in one idea: Working across generations can reduce division and help us better solve our most pressing social problems. Interest in intergenerational collaboration -

cogeneration – runs deep, with the most interest from young people and Black and Hispanic people of all ages. Utilizing findings from this national survey, participants will explore the possibilities for cogeneration in their own organizations and communities. In this interactive session, participants will learn how cogeneration can enhance their work, whatever their field or areas of expertise; examine and deepen ongoing cogenerational work through storytelling; and strengthen areas of equity and diversity in intergenerational engagement.

Presenters:

- **Michelle Gahee**, CoGenerate
- **Genevieve Leighton-Armah**, Bay Area Black Leaders

Creating Engaging Intergenerational Experiences in Museums and Other Cultural Arts Settings

Gallery IV (2nd Floor)

This session will highlight ways in which museums and other cultural institutions can engage – intergenerationally – with multigenerational families, groups of visitors, volunteers, students, and professionals (including historians, artists, community planners, and educators). The presenters will utilize images, artifacts, and stories from the field to share their models, practices, and observations of cultural arts-oriented intergenerational programming that session participants can readily adapt for their own intergenerational work in cultural arts settings. Emphasis will be placed on exhibit design (including level of appeal to multigenerational audiences and potential to generate intergenerational discussion and co-learning), the roles that docents play (as facilitator and animator vs. lecturer), and other ways to enrich the museum experience. The session will end with a group exercise in which participants and presenters explore intergenerational strategies for leveraging the social, cultural, and civic engagement contributions that cultural and arts amenities can make to community quality of life.

Presenters:

- **Mae Mendelson**, Hawaii Intergenerational Network (HIN)
- **Atsuko Kusano**, Shiraume Gakuen University
- **Rita Graef**, College of Agricultural Sciences, Penn State University
- **Matt Kaplan**, Penn State University

Authentic Engagement of Grandfamily Voices: How to Improve Programs Through Engaging Individuals with Lived Expertise

Mt. Vernon (2nd Floor)

There is increased recognition that services and supports should be informed by the people who are most impacted by them. But what does it mean to authentically engage young people and caregivers in grandfamilies? How can this be done in a way that ensures improved quality of services? This session will discuss key elements and tips for engaging individuals with lived experience in a way that is respectful, recognizes boundaries and power dynamics, and supports their involvement to ensure it is most effective. It will lay out ways that authentic engagement can lead to improved service quality, greater reach, and increased trust from individuals benefitting from services. The session will include remarks from a panel of individuals from grandfamilies who will share ways they have been effectively engaged as well as pitfalls to avoid. Participants will be given hands-on opportunities during the session to plan and practice authentic engagement strategies.

Presenters:

- **Bob Ruble**, California Alliance of Caregivers, Foster Kinship & Generations United GRAND Voice
- **Sarah Smalls**, Formed Families Forward & Generations United GRAND Voice
- **AnnaMarie White**, Montana Kinship Navigator Project, ICWA Expert & Generations United GRAND Voice
- **Gail Engel**, Grandfamily Coalition & Generations United GRAND Voice

Workshop Block 2

11:15 am - 12:00 pm | 6 workshops running concurrently

We Are All Related: A Look at Kinship from an Indigenous Perspective

Archives

In almost all Native cultures extended family is an important part of the family structure. With that value in mind, many tribes have unique definitions of kinship care that align with their community values, and these may look very different from a mainstream definition of kinship. There are 574 federally recognized tribes across the nation, and each can determine what kinship means to them. This workshop will highlight some of the tribal programming that responds to the challenges that kinship families face. Participants will have the opportunity to join small group discussions about how to support Native kinship families that may have a different view of family than their own.

Presenter:

- **Tara Reynon**, Puyallup, NICWA

Innovating Across the Generations: Navigating the Good, the Bad, and the Ugly (and How to Succeed)

Gallery I (2nd Floor)



Join us for an exciting and informative workshop on the good, the bad, and the ugly of incorporating technology and other innovations to foster intergenerational relationships. We'll enter the Matrix to learn about industry trends, share SuperBad (and good) ideas, and hear stories from the presenters personal and professional journeys, all to Grease our wheels to become intrepeneurs. We'll travel Back to the Future to explore how to blend the best of the past and present, and explore how design thinking can help organizations achieve their goals. Attendees will leave with practical activities and best practices to pursue innovation in the aging space. Get ready like Indiana Jones, to embark on a journey of intergenerational discovery and build a better future, today!

Presenters:

- **Colby Takeda**, Pear Suite
- **Stefano Carl Selorio**, Carevocacy
- **Charlotte Japp**, CIRKEL
- **Andy Miller**, AARP

Empowering Older Adults and Cultivating Generativity

Gallery II (2nd Floor)

This presentation will showcase how to develop and promote programs that are truly strengths-based and intergenerational. Speakers will highlight the importance of agency staff embracing and

believing in this philosophy to achieve maximum success. Learn from concrete examples of our field-tested best practices, including peer group support, staff support techniques, collaborative decision-making, time for processing and meta-discussion, participant empowerment, and more. Hear firsthand from participants in intergenerational programming with Empowering the Ages to learn what initially appealed to them and what benefits they've seen over time. And, leave with a worksheet of ideas you can incorporate into your messaging and your work.

Presenters:

- **Megan Tracy Benson**, Empowering the Ages
- **Leah Bradley**, Empowering the Ages

Publishing Your Gerontological and Intergenerational Research and Practice Approaches in Peer-Review Journals

Gallery III (2nd Floor)

Learn how to share your intergenerational research and programs with the world! This workshop introduces three peer-review journals in the field of gerontology and intergenerational relationships: *Journal of Intergenerational Relationships*; *Gerontology & Geriatrics Education*; and *GrandFamilies: The Contemporary Journal of Research, Practice and Policy*. The editors of these journals will profile their journal's scope, affiliation, and targeted readership. Attendees will learn the peer review process and what types of manuscripts are generally reviewed favorably. Discussion will also include how to "read" reviewers' comments and how to decide whether or not to resubmit an article. The presenters will offer tips on what to do with a rejected manuscript to increase chances of its acceptance. Finally, they will discuss how to support the field and improve one's own writing by serving as a peer reviewer and Editorial Board member.

Presenters:

- **Shannon Jarrott**, The Ohio State University
- **Rona Karasik**, St. Cloud State University
- **Deborah Whitley**, Georgia State University

Building Intergenerational Communities Through Supportive Housing

Gallery IV (2nd Floor)



Intergenerational housing is a multifaceted solution to the affordable housing crisis and reducing social isolation and loneliness, which especially impacts older and younger people. This session will provide an overview of the benefits of intergenerational housing and delve deeper into different intergenerational supportive housing models. Bridge Meadows' four housing communities in Oregon use the power of community to help children heal from the trauma of foster care which includes high-quality affordable housing, therapeutic programs, and intergenerational community support. Elders live in the community, serving as mentors, friends, and caregivers to the children and each other, forming a safety net of care and interdependence. H.O.M.E. operates three affordable housing communities in Chicago, Illinois that allows for low-income older adults, younger adults, and families with children to thrive together in community. Importantly, H.O.M.E is focused on the principles of fair housing and proactively works to ensure that the tenants in their buildings reflect the racial, cultural, gender, and other diversities of the communities they serve. Learn about H.O.M.E.'s approach to affirmative marketing and outreach and how staff are trained to set the tone for an inclusive and safe environment that allows all tenants to be themselves and thrive. In H.O.M.E.'s buildings, all older adult residents have access to social services and engagement

opportunities, and families with children and young adults live alongside older adults building robust relationships. Finally, learn how to join Generations United's new Intergenerational Housing Learning Network.

Presenters:

- **Ilonka Walker**, Generations United (moderator)
- **Derenda Schubert**, Bridge Meadows
- **Nikki Moustafa**, H.O.M.E.

Lessons Learned From Replication of CHN KIN TECH™ Kinship Navigator Program in Delaware and Nebraska

Mt. Vernon (2nd Floor)

Although there is a proliferation of kinship navigator programs designed to improve family well-being, few opportunities are available to learn about the ways in which kinship navigator models are currently implemented in different jurisdictions and the lessons learned to help improve practice. For the past two years, The Children's Home Network KIN TECH™ Kinship Navigator Program has been replicated in Delaware with a focus on formal kinship families and in Nebraska with a focus on informal kinship families. This presentation will include design and implementation information provided by the program developers and evaluators, as well as information on recruitment, outreach, program implementation and adaptation, and sustainability from two separate jurisdictions. Two implementation teams in Delaware and Nebraska will provide case examples about their experiences, with special focus on fidelity and culturally responsive tailoring. This presentation will provide three different unique perspectives for participants to discover implementation challenges and supports for this important program.

Presenters:

- **Larry Cooper**, The Children's Home Network
- **Kerry Littlewood**, AAJ Research & Evaluation

Intergenerational Program Certification



Generations United annually recognizes excellence in intergenerational programming connecting younger and older people in the United States. The **Program of Distinction** and **Program of Merit** designations are based on the criteria that underpin the effectiveness of any intergenerational program and are intended to recognize the rich diversity among programs that involve older and younger generations.

Due by September 18, 2023

Start your application today!



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Ramsey Alwin & *the National Council on Aging*
Bill Arnone, *CEO, National Academy of Social Insurance*

Donna Butts & Bill Libro

John Feather

Robyn Golden

Peter Kelly, *Abbott*

Sandy Markwood, *USAgings*

Janet McUlsky, Nona Bear & Carolyn Weems,
McUlsky Health Force

Carol Zernial, *Executive Director, WellMed Charitable
Foundation*

Generations United's Awards Luncheon

12:15 pm - 1:45 pm

L'Enfant Ballroom

Join us in celebrating outstanding achievements in the intergenerational and grandfamilies fields. Detailed information about our award recipients is in the Awards Luncheon program.

Awards Luncheon Presenters:



Joseph Cuticelli,
(Emcee)
Generations United
Board Chair &
Marleon Capital



Alison Clyde,
Generations
Working Together
Scotland



Mark Meridy,
Generations
United Board
Member & DOROT



Sheri Brady,
Generations United
Board Member &
Children's Defense
Fund



Kevin Brabazon,
Generations United
United Nations
Representative



Ramsey Alwin,
Generations United
Board Member &
National Council on
Aging



Danylle Rudin,
The Brookdale
Foundation Group



Gerri Mason Hall,
Generations
United Board
Member



Pam Smith,
Generations United
Board Member

Awards Recipients:



**The Jack Ossofsky Award for
Lifetime Achievement in
Support of Children, Youth,
and Older Adults**
Robert Blancato



The Pioneer Award
Marc Freedman



**The Leadership Award for
Outstanding Support of
Intergenerational Programs**
**Michigan Health Endowment
Fund**

Accepting: **Neel Hjara**

Awards Recipients:



The Intergenerational Innovation Award

Motion Picture & Television Fund

Accepting:
Fredda Johnson



Brabazon Award for Evaluation Research

Angelique G. Day,
University of Washington

Accepting:
Lori Vanderwill



Brabazon Award for Evaluation Research Runner-Up

Shannon E. Jarrott,
The Ohio State University



The Janet Sainer Grandfamilies Award Grands Stepping Up

Accepting:
Karen Barnes

Workshop Block 3

2:00 pm - 2:45 pm | 7 workshops running concurrently

The Aging Network's Support of Kinship/Grandfamilies: Research and Innovative Programming

Archives

Across the country, grandparents, other relatives, and family friends provide primary care to 2.5 million children whose parents are unavailable for a variety of reasons. These families face many challenges. Grandparents raising grandchildren are more likely to have low incomes than the general population. Kin/grandfamily caregivers face greater rates of disability. Many of the children in their care also have disabilities. Both adults and children in kinship/grandfamilies disproportionately experience traumatic events. Using funding under the Older Americans Act, Area Agencies on Aging and Title VI Native American Aging Programs have developed innovative ways to support these families. Through this presentation, attendees will learn about kinship/grandfamilies, the challenges they face, and how Area Agencies on Aging, Title VI Native American Aging Programs, and their community-based partners (collectively known as the Aging Network) support these families.

Presenters:

- **Leland Kiang**, USAging
- **Lorraine Cortés-Vázquez**, New York City Department for the Aging
- **Anya Herasme**, New York City Department for the Aging

Moving Generations

Dupont

What role does our embodiment play in connecting generations? How is the body a site for emotional inheritance? How do you want to feel in your body as you age? This interactive workshop will facilitate participants through physical movement activities and group discussions designed to bridge generational divides. Guided by prompts around aging, identity, ancestry, and reimagination, participants will go back and forth between doing and discussing to explore connection across differences. Participants will think, move, and respond creatively as individuals, in pairs, and

collectively as a metaphor for envisioning a cogenerated future. Participants should come prepared for gentle exercise and creative expression, but no previous creative or physical experience is necessary. Accessible to all bodies, abilities, and ages.

Presenter:

- **Liv Schaffer**, EngAGE, Inc.

Compelling Government to Support and Fund Programming: An Intergenerational Education and Advocacy Campaign

Gallery I (2nd Floor)

Building intergenerational programming that can be sustained over the long term requires the support of and committed funding from all levels of government – local, state, and federal. In New York City, government provides funding for programs that serve older people and younger people, but it does not support and in some cases has policies that discourage programs that bring young and old together. This presentation will share “lessons learned” and tools to build and launch an intergenerational education and advocacy campaign that involves both young and old to win the hearts, minds, and support of government officials (e.g. councilmembers, the mayor, and government agency staff). Learn about the strategies and resources the presenters are using and join discussions on how you might start a similar effort in your community, while also preparing for the reauthorization of the Older Americans Act and the White House Conference on Aging.

Presenters:

- **Terry Kaelber**, United Neighborhood Houses of NY
- **Ernest Gonzales**, Center for Health and Aging Innovation at NYU Silver School of Social Work
- **Allison Merz**, Center for Health and Aging Innovation at NYU Silver School of Social Work

GENuine Connections - A Virtual, Intergenerational Program Resource

Gallery II (2nd Floor)



Join this workshop to learn about GENuine Connections, a virtual program through DOROT, where participants 65+ and high school students connect to find common ground and build community. This program model has successfully engaged hundreds of teens and older adults over the past two years and continues to grow. Participants choose from a wide offering of professionally facilitated zoom workshops, including discussion groups, brain games, art activities, chess, and much more. Everyone is a volunteer regardless of age, both giving and receiving, leading to discovery of new and shared perspectives. The presenters will share the program model, insights, and practices for engaging volunteers over 65 and under 18, from participant motivation to methodology and evaluation. Workshop participants will experience DOROT’s pedagogical approach to fostering strong intergenerational relationships. These tools can be adapted to programs seeking to bring together communities through mutually beneficial experiences.

Presenters:

- **Shai Rosenfeld**, DOROT
- **Judith Turner**, DOROT

Speaking Solo: Inviting Multiple Generations to Understand the Experiences of Solo Aging Through Performance

Gallery III (2nd Floor)

This session will showcase approaches to creating theatre inter- and co-generationally and feature selections from Solo Acts: A Theatrical Compilation on Solo Aging, a two year multi-state theatre and community change project. Solo Acts is intended to challenge perceptions on aging alone (solo aging), affirm the experiences of solo agers, and advocate for policy and processes for those aging on their own. The presentation will demonstrate how interviews between generations became the primary material, supported by research, in developing a timely and relevant theatre piece; how theatre can be used as a tool for social change; and how Solo Acts creates a communal intergenerational space to discuss loneliness and isolation, support networks, health care, and the maintenance of long-distance relationships, which impact all regardless of one's age, background, and/or generation perspective.

Presenters:

- **Jessica 'Decky' Alexander**, Limelight & Eastern Michigan University
- **Sharon Cramer**, Buffalo State University
- **Hananiah Wiggins**, Neutral Zone & Limelight

Forging the Future: Intentional Design for a Senior Living, Childcare and College Student Intergenerational Community

Gallery IV (2nd Floor)

Segmenting people by age or stage is counterintuitive to the human condition. Our shared innate need is for connection, not separation. Yet seniors are whisked to their own location, children to another, college students to another...and so it goes. But that is not how it has to be or how it should be. Vincentian Schenley Gardens is poised to become the new model for seniors, children, college students, and everyone in between. This session takes you on Vincentian's journey, where a nonprofit senior living personal care facility located within Pittsburgh's "Eds & Meds" neighborhood sought out to intentionally design the future of "care." Embarking on an accelerated master planning process, identifying organizational and community needs, and committing to create an intergenerational community like no other, the Vincentian leadership and Perkins Eastman architects forging the way will share the good, the bad, and practical applications for anyone considering this path.

Presenters:

- **Patty Embree**, Vincentian
- **Melissa DeStout**, Perkins Eastman
- **Ann Cosentino**, Vincentian

Two Kinship Navigator Program Evaluations - Opportunities and Challenges to Establishing Evidence

Mt. Vernon (2nd Floor)

Kinship navigator programs have tremendous potential for supporting grandfamilies and kinship caregivers as they care for their relative children. Yet, there is limited evidence of their efficacy. Child Trends is currently evaluating two established kinship navigator programs with the goal of establishing evidence of their effectiveness in supporting caregivers. During this presentation, two

evaluators, two program managers, and one kinship caregiver will discuss challenges to evaluating kinship navigator programs and offer potential solutions based on their prior research as well as their current projects. They will discuss challenges they have experienced so far, ask participants about challenges they have experienced in their work, and brainstorm possible solutions and opportunities for using lessons learned to establish evidence for kinship navigator programs.

Presenters:

- **Valerie Martinez**, Child Trends
- **Sarah Catherine Williams**, Child Trends
- **Jasmine Nutt**, Wayfinder Family Services
- **Kathleen Assaad**, Wayfinder Family Services
- **Berenice Rushovich**, Child Trends

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Program & Research Showcase

2:45 pm - 3:45 pm

Solarium

Explore the latest research findings, creative programming, and innovations in the field, presented through visual displays of data, stories, and key concepts. You'll be able to network with presenters during this session and posters will remain on display throughout the conference.

Program & Research Showcase At-A-Glance

1. The Journey and Impact of a University's Social Enrichment Program: WISE "Connecting Generations"
2. Using a 12-Module Curriculum to Create and Sustain Educational Support Groups Serving Kinship Caregivers
3. Addressing the Aging-Care Workforce Decline: A Qualitative Study of Aging-Care Professionals and an Intergenerational Solution
4. Supporting Kinship Caregivers Through Therapeutic Foster Care; Review of Findings in North Carolina
5. Kin As Teachers 2.0: Early Childhood Intervention for Kin
6. Time for Me: A Kinship Navigator Self-Compassion and Care Toolkit for Caregivers by Caregivers
7. Well-Being of Grandparents as Primary Caregivers of Children with Disabilities: A Proposed Comparative Mixed-Methods Study
8. Stories of Reciprocity in Intergenerational Programs: What Youth and Older Adults Have to Say
9. Intergenerational Activism: A National Fellowship Creating Communities that Care
10. A Stone Soup Approach to Building a Stronger Sense of Belonging for Multi-Generational Teams
11. Connecting Older Adults with College Students to Develop Intergenerational Programming in Rural Communities
12. Evidence-Based Intergenerational Practices Support Program Success
13. Food for a Long Life: Evolution of a Community-Based Intergenerational Food Access Program
14. A Study of Implementation Research: An Intergenerational Technology Model in Higher Education
15. Angel Cards: Filling Mailboxes with Joy
16. Dialogues Across the Ages
17. Intergenerational Art Therapy & Music Therapy
18. Connecting College Students with Aging Adults to Provide Fun, Friendship, and Support
19. The Feasibility of Creating an Intergenerational Co-Learning Classroom in Hong Kong's Day Care Center
20. Creating Intergenerational Engagement Opportunities: Learnings from the engAGED Innovations Hub
21. Happy, Healthy, and Needs Met: Policy and Practice Implications of Kinship Caregivers' Definitions of Success
22. From Anti-Aging to Anti-Ageist: Changing Attitudes on Aging and Generations Through Social Media
23. A Booming Online Presence: Examining Older Adult Online Presence and Activity
24. How Intergenerational Relationships Are Portrayed in Social Media and Pop Culture
25. Intergenerational Learning Strategies for Addressing Ageism in Higher Education: A Scoping Review
26. No Man's Land: Adult Grandchildren Caring for Their Custodial Grandparents Tell Their Stories
27. Transitioning to Adulthood: Benefits and Challenges of Kinship Families
28. Maximizing Partnerships to Deliver Evidence-Based Support and Meet the Tangible Needs of Kinship Families
29. Catholic Charities Kinship Caregiver Program - 25 years of learning
30. Fostering Forward: How Supportive Housing Can Assist Youth in Emancipating from Foster and Kinship Care

1. The Journey and Impact of a University's Social Enrichment Program: WISE "Connecting Generations"

This poster will display a dynamic framework for college campuses to implement intergenerational programming by connecting students with their community's aging population through civic partnerships, social enrichment program offerings, and shared learning experiences. Viewers will leave with actionable items to explore intergenerational programming with colleagues and their respective campus community members, including identifying key stakeholders, shared campus resources, and funding sources for sustainability and activating continued impact and reach. The framework will showcase the many resources a college campus can offer that align with the interests of the aging community.

Presenter:

- **Annie Alameda**, Lindenwood University

2. Using a 12-Module Curriculum to Create and Sustain Educational Support Groups Serving Kinship Caregivers

Participation in support groups can increase social support and family competence among kinship caregivers. However, most kinship caregivers are not served by support groups, and support group facilitators may need help planning engaging and informative content. Penn State and West Virginia University Extensions collaborated to design a 12-module curriculum for kinship caregiver support groups. These modules cover various topics relevant to kinship families, from child development and Adverse Childhood Experiences to behavior and discipline and navigating the school and legal systems. The curriculum combines educational lessons and interactive activities to help participants learn about child rearing as kinship caregivers and develop the skills to do so. This presentation

will showcase how interviews with kinship caregivers informed curriculum development, share feedback from piloting the curriculum, and demonstrate how the curriculum can help attendees create and sustain kinship caregiver support groups in their communities.

Presenters:

- **Jacqueline Amor-Zitzelberger**, Penn State Extension
- **Darlene Sansone**, Penn State Extension
- **Cynthia Pollich**, Penn State University

3. Addressing the Aging-Care Workforce Decline: A Qualitative Study of Aging-Care Professionals and an Intergenerational Solution

A qualitative study was conducted in 2022 to determine the pathways to gerontology/age-related work. The study collected 30 responses from professionals who identified as working in the industry of aging care policy and practice. Respondents were asked about their workforce experience, education, and motivation for pursuing and staying in age and aging service work. Results indicate solutions to the growing workforce gap may be reliant on shifting from traditional gerontology-focused programming to intergenerational collaborative curricula. Responses also suggest the need for initiatives that educate both younger adults and current professionals on systemic disadvantages of entire populations in terms of education and opportunity due to a toxic age culture in the United States.

Presenter:

- **Tanya Burgess**, Arizona State University

4. Supporting Kinship Caregivers Through Therapeutic Foster Care: Review of Findings in North Carolina

Family Focused Treatment Association (FFTA), in partnership with local public/private stakeholders and The Duke Endowment, piloted a Kinship Therapeutic Foster Care (KTFC) initiative to support kinship caregivers

in North Carolina from 2020-2022. The KTFC pilot focused on training and support provided to staff and kinship caregivers to stabilize placement for children/youth placed with licensed relatives. Child Trends conducted a process and early outcomes evaluation of the program. The KTFC Project Manager will provide an overview of the philosophy and design of the pilot, including goals and key components. Child Trends, in partnership with the KTFC Project Manager, will share findings from surveys and interviews with staff and kinship caregivers. This presentation will highlight lessons learned over the course of the pilot, including facilitators and barriers to implementation. In addition, the presenters will share recommendations to support public/private partnerships.

Presenters:

- **Erica Burgess**, FFTA
- **Berenice Rushovich**, Child Trends

5. Kin As Teachers 2.0: Early Childhood Intervention for Kin

Although the positive impact of early childhood intervention has been well supported, fewer children in kinship families are enrolled in these programs. The current study highlights outcomes from the Kin As Teachers (KAT) 2.0 Program, designed to address the unique needs of relative caregivers raising children from birth to kindergarten entry. Results showed improved safety of the home environment and improved developmental outcomes for children raised by grandparents and other relatives. This study provides the first evidence for an adjunctive program to existing kinship navigator programs specifically designed to benefit early childhood well-being for kinship children.

Presenters:

- **Larry Cooper**, The Children's Home Network

- **Kerry Littlewood**, AAJ Research & Evaluation

6. Time for Me: A Kinship Navigator Self-Compassion and Care Toolkit for Caregivers by Caregivers

This poster adapted user-centric design principles to engage kinship caregivers in research design and implementation to explore self-compassion and self-care for kinship caregivers. Additionally, this study examines the effect of a Time For Me (TM) Toolkit developed for and by peer navigators on self-care knowledge and practice. Sixty kinship caregivers from a P2PKN Program were randomly assigned to a P2PKN Program (usual care, n=30) and P2PKN Program with TM Toolkit (TM, n=30). Frequencies showed how kinship caregivers rated culturally tailored self-compassion and care behaviors of health. Repeated Measures ANOVAS were used to test mean differences between groups on knowledge and practices of healthy behaviors. Participants rated their knowledge of culturally tailored healthy behaviors better than their current practice. Participants in the TM group improved or stayed the same on their knowledge and practice of self-compassion and -care. Healthy sleep and coping showed the most improvement in practice.

Presenters:

- **Kerry Littlewood**, AAJ Research & Evaluation
- **Larry Cooper**, The Children's Home Network

7. Well-Being of Grandparents as Primary Caregivers of Children with Disabilities: A Proposed Comparative Mixed-Methods Study

In 2020, 35.2% of grandparents in Genesee County, Michigan were responsible for their grandchildren, and 7,046 grandparents lived with their grandchildren. Over 14% (8,482/60,492) of school-aged children in Genesee County have a disability. Little is

known about the impact of raising a child with disabilities on the life and well-being of custodial grandparents. This proposed mixed-methods study seeks to address the quality of life, perceived levels of caregiver stress, and access to local/statewide resources for both caregivers and children in relation to a child's disability status through quantitative surveys and qualitative interviews. Hypothesized results should indicate that grandparents raising grandchildren with disabilities will experience heightened stress, lower well-being, and less access to community resources than grandparents raising grandchildren without disabilities.

Presenter:

- **Taylor Culinski**, University of Michigan-Flint

8. Stories of Reciprocity in Intergenerational Programs: What Youth and Older Adults Have to Say

Fostering mutually beneficial relationships across generations is at the heart of intergenerational programs, yet research and practice typically focus on outcomes for only one generation. What's more, the voices of older adults and youth involved in intergenerational programs are largely missing. This poster shares findings from a research project that explored the reciprocal impacts of an intergenerational program from the perspectives of youth and older adult program participants. In this project, youth and older adults participated in interviews and created short videos that tell stories of their intergenerational friendships. The poster highlights participants' stories of the impacts of the intergenerational relationships built and challenges they faced. Key themes include making a difference, changing perspectives, and intergenerational communication. By learning from their perspectives, this poster highlights the importance of creating opportunities for reciprocal intergenerational connections and offers insight into ways to

improve intergenerational practice to better meet the needs of participants.

Presenter:

- **Amber Dukart**, University of Calgary

9. Intergenerational Activism: A National Fellowship Creating Communities that Care

Participants will explore the learning and reflections that emerged from the creation and implementation of a two-year fellowship model from directors of a national fellowship. How did they vision, create, and implement a curriculum that inspired intergenerational activists and seeded new intergenerational programs across the country? What have they learned as they approach the finish line of our fellowship? What can intergenerational activism look like?

Presenters:

- **Diana Ganger**, IDEAL18 NFP
- **Sharon Goldman**, IDEAL18 NFP

10.A Stone Soup Approach to Building a Stronger Sense of Belonging for Multi-Generational Teams

Discover the lessons learned in updating a centuries-old folktale, Stone Soup, to a modern-day setting focused on valuing what all seven generations alive, six volunteering in our communities, and five earning paychecks in the workplace, have to offer each other. The story has become the core theme of Roots and Rounds' innovative interactive workshops serving as the basis of addressing belonging, equity, and inclusion from the unique lens of age, the one diversity characteristic all humans share. Join this presentation to participate in a sampling of the presenters' Stone Soup event activities through full group and small group discussions.

Presenters:

- **Christel Gollnick**, Roots and Rounds, Inc.
- **Rose Swenson**, Roots and Rounds, Inc.

11. Connecting Older Adults with College Students to Develop Intergenerational Programming in Rural Communities



Northland Foundation's AGE to age program has been bringing generations together in rural communities in northeast Minnesota for over 15 years. As part of AGE to age, the Northland Foundation worked with selected communities to implement the AGE to age Fellows Program during the summers of 2020, 2021, and 2022. This program builds on the groundwork of the AGE to age Summer College Intern program piloted in 2012. The AGE to age Fellows Program paired college students interested in aging, youth development, and intergenerational programming with older adults who are interested in an intergenerational work experience. Together these fellowship teams helped support community planning and social engagement efforts. To date, 68 fellows participated in the program in 12 rural communities in northeastern Minnesota. This poster will feature this unique program design and the evaluation data that shows the program has been effective in achieving its desired outcomes.

Presenters:

- **Taylor Holm**, Northland Foundation
- **Jan Amys**, Northland Foundation

12. Evidence-Based Intergenerational Practices Support Program Success

Theory, research, and systematic reviews of intergenerational literature informed a framework of best intergenerational practice. The framework can be applied across intergenerational program settings, participant groups, and content to support diverse goals. This presentation offers a synthesis of research linking specific practices with intergenerational program outcomes. Four themes emerged across studies: prepare stakeholders, respect participants, build relationships, and use appropriate technology.

This presentation identifies specific strategies for each theme and illustrates these with low- and high-tech examples from varied settings. The framework offers core program elements and flexibility to adapt programming to program resources and participant interests. Effective implementation of intergenerational strategies helps program stakeholders reimagine aging, offering the potential to address critical needs of individuals and communities. Stop by this poster and share what these evidence-based themes and strategies look like at your intergenerational program.

Presenters:

- **Shannon Jarrott**, The Ohio State University
- **Jill Juris**, Appalachian State University

13. Food for a Long Life: Evolution of a Community-Based Intergenerational Food Access Program

Food for a Long Life (FFLL) was a 5-year community-based participatory project intended to increase healthy food knowledge, access, and consumption among youth and older adults in two food insecure communities through intergenerational strategies. This poster showcases the evolution of the project. Programming was delivered before and during COVID-19, with community member input guiding program modifications. Strategies aimed to enhance sustainability of effective intergenerational initiatives. This presentation will include the iterative process of community input, action, evaluation, and adaptation to intergenerational service delivery. While FFLL documented progress towards its aims, the project did not go as expected. Other practitioners may learn from the circuitous route to success and share their own stories of adaptation, which is not only common but essential in intergenerational programs.

Presenters:

- **Jill Juris**, Appalachian State University
- **Shannon Jarrott**, The Ohio State University

14.A Study of Implementation Research: An Intergenerational Technology Model in Higher Education

Intergenerational technology programs address social isolation and technology needs within the older adult population while also providing an opportunity for younger adults to gain professional skills and reduce ageism. Higher education is well-suited to expand sustainable programming and community outreach; however, there is a lack of research on the implementation of intergenerational technology programs within the higher education context. This research showcase will describe a multimodal qualitative study that investigates factors and practices that impact implementation of intergenerational technology programs (i.e., Cyber-Seniors) within higher education. The study will examine how technology has been used as a tool for promoting meaningful engagement and creating social bonds across generations through university/community partnerships. Attendees will have an opportunity to share their experiences providing or participating in intergenerational technology programs in higher education by signing up to complete an interview, join a Delphi Panel, or apply to be a pilot university.

Presenters:

- **Jill Juris**, Appalachian State University
- **Skye Leedahl**, University of Rhode Island
- **Shannon Jarrott**, The Ohio State University

15. Angel Cards: Filling Mailboxes with Joy

Angel Cards brightens the lives of seniors with birthday and holiday cards. For many older adults, reduced mobility and a shrinking circle of family and friends can make special events challenging. You will learn how to replicate this meaningful program that helps to restore a sense of belonging and decrease social isolation. Angel Cards is an easy and impactful multi-generational



opportunity that can be created as a group or individually.

Presenters:

- **Fredda Johnson**, Motion Picture & Television Fund (MPTF)
- **Carly Roman**, Motion Picture & Television Fund (MPTF)

16. Dialogues Across the Ages

Volunteers and students engage in cross-age discussions of current events and social studies topics, such as Culture, History/Politics, Relationships & Family, Finances/Economy, Education and Early Childhood, Technology and Innovation, and Heritage/Life at Home. The generations learn about each other's interests, lifestyles, and views during these multi-week (typically eight) sessions, which are designed to foster mutual understanding and respect while developing student leadership skills. Programming adjusts according to the class/teacher in each school and typically takes place in a student leadership or related course during school hours. At each session, students build leadership skills by serving as the facilitator at their table of students and older adults. Facilitation and Aging Awareness training is conducted beforehand with the students.



Presenter:

- **Grace Kim**, Jewish Council for the Aging Interages

17. Intergenerational Art Therapy & Music Therapy

Jewish Council for the Aging has been able to provide Kensington Club members (diagnosed with early-stage memory loss), Interages volunteers, and Montgomery County Public School students the opportunity to learn, explore, interact, and discover the benefits of music and art therapy and how it connects these generations. Virtual interactive Zoom sessions were led by music and art therapists. Students gained a better



understanding of early-stage memory loss and how beneficial music and art therapy is to older adults in stimulating memories, improving focus, and bringing joy. Kensington Club members enjoy seeing and hearing the students participating with them during these sessions. This program has brought connections, love, positive feelings, and the reality of how important it is to always “live in the present moment.”

Presenter:

- **Olga Pulgar-Vidal**, Jewish Council for the Aging Interages

18. Connecting College Students with Aging Adults to Provide Fun, Friendship, and Support

StudentsCare was established as a 501(c)(3) organization in 2013 to connect undergraduate healthcare students with hospitalized children and their families to improve their emotional well-being during lengthy and isolating hospitalizations. In April 2020, when the coronavirus pandemic struck, and thousands of seniors were isolated in their homes and residential facilities across the country, StudentsCare’s staff and board decided to expand the organization’s mission and scope of services to serve senior populations, in addition to its pediatric population. StudentsCare’s innovative Senior Buddy Program empowers college students to make a difference in the lives of seniors experiencing social isolation by pairing them with seniors to offer companionship and consistent support over an extended period of time. This support provided by trained college students helps combat the disheartening effects of social isolation among seniors and creates more empathetic future healthcare professionals who will improve care for older adults in general.

Presenter:

- **Michele Lawton**, StudentsCare

19. The Feasibility of Creating an Intergenerational Co-Learning Classroom in Hong Kong’s Day Care Center

In Hong Kong, the government separates welfare services for children and older people, making it difficult to create intergenerational shared sites for both older adults and children in need. Therefore, collaboration between programs serving these two populations is required. Children aged 3 to 6 with daycare needs are recruited to participate in an 8-week program with older people (aged 65+) in the daycare center twice a week. With the guidance of a kindergarten teacher and social worker, they will engage in a series of well-designed classes with meaningful interactions and collaboration. The naturalistic observations method will be adopted to examine how verbal and non-verbal interactions between participants are co-produced. By the end of this co-learning program, older people are expected to improve their cognitive ability and functional health, while preschool children are expected to love and respect older people and develop social and emotional skills outside the school.

Presenter:

- **Shicheng Xu**, Department of Social Work and Social Administration, The University of Hong Kong

20. Creating Intergenerational Engagement Opportunities: Learnings from the engAGED Innovations Hub

Intergenerational engagement opportunities benefit all generations and help to foster respect and understanding across generations. Communities also benefit when the experiences, wisdom, and perspectives of people of all ages are combined. This presentation from engAGED: The National Resource Center for Engaging Older Adults will highlight the benefits of intergenerational engagement and feature replicable intergenerational engagement program

examples from the Aging Network featured on the engAGED Social Engagement Innovations Hub. Along with sharing innovative program examples, the presentation will spotlight how the Innovations Hub and other engAGED resources can inspire and inform intergenerational engagement work.

Presenter:

- **Rebecca Levine**, USAging

21. Happy, Healthy, and Needs Met: Policy and Practice Implications of Kinship Caregivers' Definitions of Success

During this presentation, the presenters will share descriptions from 204 kinship caregivers who reflected on what success looked like for them and what it looked like when things were going well for their families, and the implications of those reflections for policy and practice. Kinship placements help keep children out of foster care and kinship navigation programs have been prioritized to prevent foster care placements (U.S. Department of Health and Human Services, Administration for Children and Families, 2018). Yet the voices of kinship caregivers are rarely considered in the development of outcome indicators. Equitable policy and program outcomes must include aspects of success and well-being that are important to kinship caregivers, as stated in the caregiver's own words. As one of several strategies to actively partner with caregivers, the Ohio Kinship and Adoption Navigator program dedicated resources to exploring the self-identified needs and wants of families served.

Presenters:

- **Jaymie Lorthridge**, Kaye Implementation & Evaluation
- **Elisa Rosman**, Kaye Implementation & Evaluation

22. From Anti-Aging to Anti-Ageist: Changing Attitudes on Aging and Generations Through Social Media

Ageism and age discrimination are linked to financial loss, negative health outcomes, and social costs. These age beliefs and discriminatory behaviors are often learned from society's messaging in the media. Through the parasocial contact hypothesis (PCH), negative age beliefs can be changed. This research presentation explores how to leverage social media interventions to change attitudes on aging and intergenerational relations. PCH methods expose viewers to positive portrayals of minority individuals in media. Current literature suggests that TV shows with positive narratives of minority groups reduce viewers' prejudice. PCH assumes that people can perceive intimate bonds with fictional characters and celebrities. These virtual, perceived bonds help alter existing assumptions and deconstruct stereotypes. PCH interventions can help deconstruct ageist beliefs by educating people on how media portrayals of older adults affect our own ageist beliefs, deconstructing the anti-aging ideal, and advocating for new roles in television, and uplifting current anti-ageist media platforms.

Presenters:

- **Natalie Green**, Center for Health and Aging Innovation at NYU Silver School of Social Work
- **Ernest Gonzales**, Center for Health and Aging Innovation at NYU Silver School of Social Work
- **Allison Merz**, Center for Health and Aging Innovation at NYU Silver School of Social Work

23. A Booming Online Presence: Examining Older Adult Online Presence and Activity

Traditional research on the "digital divide" (inequitable access to digital technology and its associated benefits) collapses older adults into a single category of internet users. However, an intersectional approach reveals diversity and variance among older adults in

internet access, skill, and usage. Despite older adults being stereotyped as passive internet consumers, the number of older adults who have an active online presence is higher now than ever before. Older adults are contributors to both content consumption and creation. This poster will examine different facets of online engagement among those age 55+, including research on key motivations for older populations adopting technology; which sites attract these audience members; typical online activities; inclusion and accessibility of online materials; and the added context of digitalization in the wake of COVID-19. Exploring the online presence of older adults in various age brackets will help increase inclusion of this population in electronic communications and outreach.

Presenters:

- **Allison Merz**, Center for Health and Aging Innovation at NYU Silver School of Social Work
- **Ernest Gonzales**, Center for Health and Aging Innovation at NYU Silver School of Social Work

24. How Intergenerational Relationships Are Portrayed in Social Media and Pop Culture

What does social media have to say about intergenerational relationships? How is intergenerational pop-culture content different from content that features one generation at a time? This presentation will explore the growing intergenerational nature of social media and pop culture. It will present intergenerational content trends such as dance collaborations, cooking videos, fashion and makeup campaigns, etc. This poster will discuss why digital content featuring different generation members shows up in these ways and the implications of these portrayals. In particular, the presentation will explore why it is critical for intergenerational cohesion to start in seemingly superficial places like fashion campaigns and dance videos as a

gateway to meaningful culture change. Critically, this poster will present various ways that intergenerational content is portrayed in different racial and cultural contexts and how online portrayals of intergenerational relationships happen both among family members and among non-related inter-generation members.

Presenters:

- **Allison Merz**, Center for Health and Aging Innovation at NYU Silver School of Social Work
- **Ernest Gonzales**, Center for Health and Aging Innovation at NYU Silver School of Social Work

25. Intergenerational Learning Strategies for Addressing Ageism in Higher Education: A Scoping Review

Intergenerational learning strategies can promote greater wellness while challenging ageism. Yet, research on their mutual benefits and effectiveness for challenging biases among college and university students is still emerging. A scoping review was conducted to explore current research on intergenerational learning in higher education and potential relevance for programming to reduce ageism, and to explore current implications for practice, education, policy, and research. Included were peer-reviewed and grey sources based on primary research on what is known about intergenerational learning in higher education and ageism. Excluded were sources without clear implications for research, policy, practice, or education in this area. Three hundred and thirteen articles were identified, 67 of which were screened in for full text reading, with 37 originally screened in for thematic analysis, after which another 8 were excluded, resulting in 29 cases for analysis. The results will be discussed, along with future directions for education, policy, and research.

Presenters:

- **Michelle Hand**, George Mason University
- **Cathy Tompkins**, George Mason University

26.No Man's Land: Adult Grandchildren Caring for Their Custodial Grandparents Tell Their Stories

Consideration of grandchildren raised in grandfamilies as future caregivers of their grandparents is important but has received little attention (Hayslip et al., 2019). Examining the stories of adult grandchildren is imperative to understanding the sustainability of grandfamilies over time. This study utilized in-depth semi-structured interviews with three grandchildren, a grandmother, and an aunt representing two different grandfamilies. Grounded theory techniques are used to analyze the data. All of the adult children interviewed were currently living independently with their own children and partners. The grandmother was in the moderate stages of dementia and living independently with assistance. An aunt helps to tell the grandfamily's story from the perspective of the grandmother. Themes of "stepping up" as a responsibility and "living in a no-man's land" will be further explored and discussed.

Presenter:

- **Cathy Tompkins**, George Mason University

27.Transitioning to Adulthood: Benefits and Challenges of Kinship Families

In recent decades, there has been significant improvement in understanding kinship families and their experiences. However, the extant knowledge and understanding of youth and their experiences transitioning from kinship care to young adulthood are scant. This study expands our knowledge by investigating the experiences of transition-age youth placed in kinship foster care compared to those in non-kinship foster care. The study's findings are mixed. As well documented in the literature, youth in kinship foster care experienced higher levels of placement stability and were more likely to remain in care for more extended periods. This appears to contribute to the lower likelihood of

homelessness for youth in kinship families. However, the risks of incarceration were higher for youth in kinship care than for those in non-kinship care, which may be attributable to the disadvantages many kinship families experience, including disadvantaged neighborhoods.

Presenter:

- **Eun Koh**, The Catholic University of America

28.Maximizing Partnerships to Deliver Evidence-Based Support and Meet the Tangible Needs of Kinship Families

There are approximately 37,000 Oregon children living with a relative or family friend, and an estimated 68% of those placements are voluntary or informal (i.e., outside of the child welfare system). Oregon Kinship Navigator (OKN) was created in 2020 as a centralized hub for building community and resource connections for all Oregon kinship families. In this workshop, presenters will share two key partnerships OKN has developed to improve supports for Oregon's kinship families: the MyNeighbOR project, a statewide network of volunteers and donors that provides tangible goods, and KEEP, an evidence-based peer and parenting support group that is shown to improve family and child well-being. Discussion will include specific examples of ways kinship families engage in each program and strategies for communication among program partners to increase outreach, remove barriers to participation, and maximize benefits for families.

Presenters:

- **Adam Rodakowski**, Oregon Kinship Navigator / Greater Oregon Behavioral Health, Inc.
- **Terry Santini**, Oregon Kinship Navigator / Greater Oregon Behavioral Health, Inc.
- **Amanda Law**, KEEP Oregon Implementation Lead

29. Catholic Charities Kinship Caregiver Program - 25 Years of Learning

The Catholic Charities Kinship Caregiver Program offers 9 monthly support groups across 5 regions in Colorado around the Denver Metropolitan area, including two Spanish-speaking support groups. Caregivers receive a meal, childcare, and the comradery of others sharing a similar lived experience. In addition, caregivers can access monthly family events where they can participate in community spaces and activities as a family, with entrance fees and food provided. This program has navigated 25 years of growth, adaptation, and grant cycles. Today's program strives to provide a nonjudgmental, accepting space for these nontraditional families to find support, growth, and understanding.

Presenters:

- **Carrie Savage**, Catholic Charities Denver Kinship and Senior Services
- **Sarah Burgess**, Catholic Charities Denver Kinship and Senior Services

30. Fostering Forward: How Supportive Housing Can Assist Youth in Emancipating from Foster and Kinship Care

This presentation will discuss barriers faced by youth who are emancipating from foster and kinship care as well as their unique strengths. Supportive housing and trauma-informed programming will be used as an intervention method to prevent homelessness amongst emancipating youth by transitioning them into a program that will serve as a catalyst to a successful launch into adulthood.

Presenter:

- **Meagan Washington-Sims**, Mercy Housing Lakefront

STATE-SPECIFIC COMPARISON CHARTS

Adoption & Guardianship for Children in Kinship Foster Care



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GRAND Voices is a national group of grandparents and relatives raising children. We inform policies, address service gaps, and advocate for better outcomes. Supported by Casey Family Programs, we offer training and engagement opportunities to our 80+ members from 46 states and 12 tribes.

Generations United supports involvement in external engagements such as with:

- Policymakers
- Tribal Leaders
- Administration
- Child Welfare Leaders
- Community systems/collaboratives
- Foundations
- Media
- Judges/Courts including Tribal Courts
- National & Local Conferences

To learn more about GRAND Voices, and the application process to become a GRAND VOICE visit www.gu.org or contact Robyn Wind, GRAND Voices Support Coordinator, at rwind@gu.org

Workshop Block 4

3:45 pm – 4:30 pm | 6 workshops running concurrently

Spotlighting Peer Support Programs for Grandparents and Kin Caregivers

Archives

Peer support groups for kinship caregivers provide a unique opportunity to share strategies and strengths. This session will highlight programs for grandfamilies and kinship caregivers, describe the goals and objectives of each, and discuss why peer support is so critical. Participants will explore the content of each curriculum, including materials for trainers, handouts, PowerPoints, videos, and activities. The session will feature Grand Connections, a free seven-workshop curriculum for grandparents of children under five, developed by ZERO TO THREE. “It’s just somewhere you can feel comfortable and be able to open up and say... ‘this is a lot’ and not have somebody frown upon you for saying that. They can relate and understand and you can talk about it.” – Great-grandmother, Grand Connections workshop, 2021.

Presenters:

- **Kathy Kinsner**, ZERO TO THREE
- **Victoria Gray**, Generations United GRAND Voice & GreyNickel Inc.

Intergenerational Indigenous Garden and Nutrition Education Program

Gallery I (2nd Floor)

This session will offer three different learning opportunities for the attendees. First, the panelists will describe the process they went through to design an intergenerational, indigenous garden. This process involved finding funding, finding land, discussing crops, planting, harvesting, building their relationship with the community, and designing the programming that would lead to impactful intergenerational engagement. Second, the panelists will discuss the importance of the consumption of heirloom foods, their significance in the diet of Indigenous people, Tribal food sovereignty, and biodiversity. Finally, panelist Randy Robison, Master Gardener, is an expert in planting, growing, harvesting, and distributing heirloom food plants. He will discuss the technical aspects of the garden and the coming seed hub and answer attendees' questions about planting a successful garden.

Presenters:

- **Michael Marcus**, Generations United
- **Marta Malone**, Center for Healthy Aging
- **Johanna Jenkins**, Center for Healthy Aging
- **Randy Robison**, Center for Healthy Aging

Building and Supporting Intergenerational Friendships That Last

Gallery II (2nd Floor)

As we all know, meaningful one-on-one intergenerational relationships can transform lives. For young people, they provide a sense of purpose, build respect for the older generation, and meet a need for social connection. For older adults, these relationships address social isolation and loneliness and often provide practical support. So, how can we foster the formation of these powerful connections? This session will utilize videos, photography, and written case studies to share examples of bonds that have been created between Hebrew SeniorLife residents and young members of the community. Their stories will be a jumping-off point to consider logistics and



processes that lead to strong intergenerational relationships, including intake questions for youth, outreach to older adults, introductory meetings, ongoing communications, and processing closure and grief. Participants will have an opportunity to share their successes and challenges and will leave with an accompanying resource guide to help structure their own match process.

Presenters:

- **Marissa Birne**, Hebrew SeniorLife
- **Andrew Alpert**, Hebrew SeniorLife

Exploring the Development of Quality Standards within Intergenerational Practice

Gallery III (2nd Floor)

Intergenerational practitioners come from a wide range of professional fields and have varying levels of knowledge, training, and expertise, which ultimately impacts the quality of their practice. As the field of intergenerational learning becomes increasingly recognized, there is a need, not just for those new to intergenerational work, but also for those that have been practicing for years, to develop a set of quality standards that can be universally recognized and embedded into practice, regardless of field. This will further support regulatory bodies in recognizing the quality of engagement and interactions that they observe. This session will examine the existing quality standards, explore what they may look like in practice, and discuss how they can be developed further to ensure clarity and quality.

Presenters:

- **Alison Clyde**, Generations Working Together Scotland
- **Bella Kerr**, Generations Working Together Scotland

Self-Directed Teams: A Strategy to Support Older Adults in Making Intergenerational Work Core to Organizations

Gallery IV (2nd Floor)

Interested in intergenerational work but short on staff time? Siloed budgeting looms over many of us in the non-profit sector, and it can be difficult to implement intergenerational programming when it doesn't quite fit into a neat box for a funder. Older adults from your community and organizations are the answer, and using self-directed teams is the way to bring them together. The presenters have over a decade of experience building self-directed teams of older adults, many of whom sought out projects that involved engaging younger people to work toward a shared goal. Come hear case studies, get a brief overview of the process, and learn about a valuable way older adults can lead the charge to making intergenerational relationships core to your organization's work.

Presenters:

- **Katie Cardwell**, United Neighborhood Houses
- **Terry Kaelber**, United Neighborhood Houses

Redesigning Child Welfare: Opportunities to Support Kin Caregivers Across the Continuum of Care

Mt. Vernon (2nd Floor)

Identifying, engaging, and resourcing kin caregivers across the continuum of care can transform child welfare and promote child and family stability and well-being. With an emphasis on increasing economic and concrete supports and racial equity considerations impacting kinship families, this session will provide an overview of existing research and guidance on how engaging and resourcing kin caregivers can prevent children from entering the child welfare system; promote stability and well-being for children living with kin; and advance timely permanency through reunification, guardianship, and adoption. Presenters will also provide information about the current state of the evidence base for kinship navigation models and highlight several jurisdictional efforts to design, implement, and test kinship navigation models with some unique innovations. Participants will have the opportunity to discuss and share kinship strategies underway in their jurisdictions to promote shared learning and peer connections.

Presenters:

- **Stephanie Armendariz**, Chapin Hall Center for Children at the University of Chicago
- **Yvonne Fox**, Chapin Hall Center for Children at the University of Chicago
- **Samantha Steinmetz**, Chapin Hall Center for Children at the University of Chicago
- **Krista Thomas**, Chapin Hall Center for Children at the University of Chicago

Workshop Block 5

4:45 pm - 5:30 pm | 6 workshops running concurrently

Inherent Strengths in Kinship Families; Training for Professionals and Caregivers

Archives

Dr. Crumbley will introduce his recent video training entitled The Inherent Strengths in Kinship Families. He will reaffirm the importance of kin-first placements by highlighting the unique strengths of kinship families including attachment, identity, legacies, healing, co-parenting, family dynamics, and adaptability. Learn how to help kinship families use their unique strengths to protect, nurture and support the children and youth in their care, and manage their role as caregivers.

Presenter:

- **Joseph Crumbley**, Dr. Joseph Crumbley and Associates

How to Build Community/University Partnerships Towards Research and Evaluation

Gallery 1 (2nd Floor)

Community and college/university partnerships provide many benefits for the generations and organizations involved. The key is balance - ensuring mutual benefits for all involved parties by offering valuable student experiences, serving important community needs, and achieving research/evaluation goals. This workshop will feature a panel discussion with four contributors who will discuss programming and research/evaluation for intergenerational programs that involve university/community partnerships. The workshop will utilize the Jarrott (2022) evidence-based and promising practices for successful intergenerational service delivery as a framework for discussion. The presenters will offer stories and perspectives on how to connect the program practices to evaluation and research. Participants will leave this session with strategies and opportunities to develop a partnership between higher education and community organizations. The presenters



aspire to develop a research network to match community practitioners with higher education faculty within the Generations United community.

Presenters:

- **Skye Leedahl**, University of Rhode Island
- **Jill Juris**, Appalachian State University
- **Carson De Fries**, University of Denver
- **Lori Marks**, Link Generations and University of Maryland Global Campus

AGE to age: The Magic to Sustaining a 15 - Year Intergenerational Program in Rural Communities

Gallery II (2nd Floor)



Northland Foundation's AGE to age program has been bringing generations together in rural communities in northeast Minnesota for over 15 years. Since 2008, this community-centered approach to linking children and youth with adults 55+, and the generations-in-between, has taken flight. Northland currently works with 16 communities, including Tribal nations in northeastern Minnesota, to implement the program, which provides older adults with meaningful opportunities to help children and youth thrive and connect with their community. During the session, participants will learn about the unique model of AGE to age programming, the magic of sustaining intergenerational programs, how AGE to age continued to thrive during the COVID-19 pandemic, and how the program continues to pivot to meet the needs of youth and older adults. Unique strategies to engage older adults and youth will also be shared. Northland Foundation's AGE to age program has maintained its Generation's United Program of Distinction recognition since 2012.

Presenters:

- **Taylor Holm**, Northland Foundation
- **Jan Amys**, Northland Foundation

COMBINATION SESSION

Gallery III (2nd Floor)

A combination workshop session includes two presentations on a similar topic.

Best Practices for Developing Intergenerational Connections in Communities - Using the 7 P's

Come learn about Ebenezer's intergenerational shared site model that connects childcare with senior living communities. Presenters will explain their 7 P's of Intergenerational Connections - their best practices for building, maintaining, and creating lasting intergenerational connections in their communities. They will also share ways to create intergenerational connections if an on-site childcare is not available. Learn about the wide range of benefits of this model from operations to client care, programming, and outcomes.

Presenters:

- **Jody Schumann**, Ebenezer Ridges Child Care
- **Michelle Jirik**, Ebenezer - TowerLight Child Care & Riley Crossing Child Care

Intergenerational Shared Space...Idea to Reality

This workshop will review how Senior Services, Inc. has systematically moved from a “small idea” in 2018 to the development and current construction of a 62,000-square-foot Intergenerational Center for Arts and Wellness in Winston-Salem, NC. (ccc.seniorservicesinc.org) The new Center will be complete in September 2023 and will include both dedicated and shared space for 21 organizations. The workshop will also review how Senior Services is working to develop a true culture of collaboration, building transparency and trust amongst all collaborating organizations. Additionally, the workshop will touch on elements of the capital campaign that was conducted to raise the funds needed for construction of this new Center.

Presenters:

- **Lee Covington**, Senior Services, Inc.
- **Renee Griffin**, Senior Services, Inc.

Age-Friendly Intergenerational Housing Options - Leveraging the Convergence of Emerging Trends

Gallery IV (2nd Floor)

How might traditional retirement communities reverse the trend of separating generations, and a city develop policies that encourage and support intergenerational living? This interactive session brings together subject matter experts steeped in these areas and aims to connect fellow advocates of intergenerational housing options. In Lancaster, PA, three emerging trends and game-changers are converging that encourage and support the development of intergenerational housing options: (1) joining WHO's Age-Friendly Cities & Communities Network committed Lancaster to see how its values, policies, and programs meet the needs of its changing demography; (2) a new comprehensive plan is being developed to guide future growth, provide the legal basis for development regulations, and encourage innovative housing options; and (3) a change-making leader in the retirement industry is collaborating with partners from different market segments to design and build new living options that bring together, rather than separate generations, and to launch a home-sharing platform.

Presenters:

- **Christine Kennedy**, Age2Age
- **Scott Miller**, Garden Spot Community
- **David Rouse**, David Rouse, FAICP

The Importance of Court Navigation and Advocacy for Grandfamilies

Mt. Vernon (2nd Floor)



When grandparents need to approach the Court to request that their grandchildren be placed with them instead of in general foster care it is often a confusing and daunting task. Many times, approaching social workers and court officials from the point of view of their own culture and norms can cause friction and set up resistance from juvenile dependency officials. There are people who can help. Court navigators are a vital resource in assisting grandparents and other relatives who are going through this complicated system. As families are meeting with social workers and judges, having an advocate on their side who can help convey that the family is the best fit for the child is

crucial. This workshop will help explain the importance of these services and direct participants on where to look for help.

Presenters:

- **Jennifer Odum**, ONEgeneration
- **Jamie Rodriguez**, ONEgeneration

Peer Groups

5:45 pm – 6:45 pm

Close out the day with a buzz of conversation focused on new ideas, peer learning, and shared topics of interest. Peer groups are informal, facilitated discussions designed to encourage learning and networking among attendees who share a common interest in specific issues. Peer groups are scheduled for one hour, but we encourage you to extend the conversation over dinner if interested!

GRAND Voices

Archives

Join us to connect with current and former members of GRAND Voices. Learn from grandparents and relative caregivers from across the country who have helped shape policies and practices for grandfamilies. As a caregiver, discover how to get involved. Don't miss this inspiring opportunity!

Facilitators:

- **Karen Gillespie**, Generations United
- **Robyn Wind**, Generations United

Grandfamilies & Kinship Professionals

Dupont

Join us for a chance to meet and greet other professionals working in the Kinship and Grandfamilies sector. This informal networking event will provide conversation starters and an engaging activity, while giving participants the chance to interact with other professionals in a laid-back setting. We can't wait to meet you!

Facilitators:

- **Shalah Bottoms**, Generations United
- **Kylee Craggett**, Generations United

Intergenerational Housing Learning Network

McPherson

The Intergenerational Housing Learning Network includes program providers, experts on aging and affordable housing, researchers, and advocates, and is focused on identifying intergenerational housing of all kinds, learning from them, and working together to determine how we can join forces to promote more intergenerational housing solutions. Come to this peer group to if you are interested in learning more from colleagues about intergenerational supportive housing, home-sharing, intergenerational communities, campus-based retirement communities, and more!

Facilitator:

- **Derenda Schubert**, Bridge Meadows

Diverse Intergenerational Programs

NoMa

Come connect with attendees interested in strengthening cultural responsiveness in intergenerational programs. Learn more about Generations United's new report that was just released at the conference and the Diverse Intergenerational Programs Advisory Group. Help guide future work in this critical area of practice.

Facilitators:

- **Carson De Fries**, University of Denver

Shared Site Learning Network

Potomac

Intergenerational shared sites connect younger generations with older adults in the same physical location, with periodic activities or programs that bring them together. Come meet up with practitioners who are interested in shared sites and learn more about Generations United's Shared Site Learning Network and resources.

Facilitator:

- **Nancy Henkin**, Generations United

Interested in community planning?

Check out the American Planning Association (APA) report
Intergenerational Community Planning
authored by Irv Katz of Generations United & Matt Kaplan of Penn State.

The report is available for free to APA members and \$25 for non-members.



Intergenerational Community Gardens Meet Up

Friday, 7:30 am at the
Networking Breakfast
Join Us at Table 25!

Community gardens can be the lifeblood of many communities. And for intergenerational gardens it is a place that older and younger people can come together, share experience, learn more about each other, and the stories that are an important building block of community. Join us as we discuss what distinguishes intergenerational gardens, your garden in particular, what we have in common, and what we can learn from each other. And how we can continue to learn from each other.

FRIDAY, JULY 28

Registration & Information

7:30 am - 12:00 pm

L'Enfant Foyer

Janet Sainer Networking Breakfast

7:30 am - 8:30 am

L'Enfant Ballroom

Sponsored by:

*The Brookdale
Foundation
Group*



Grab your breakfast and start the day off on the right foot by connecting with your fellow attendees. This breakfast honors Janet Sainer, an intergenerational pioneer who believed the power of making connections and encouraged each of us to network, take risks, and always keep our eyes on the good we can do next.

Remarks:



Jaia Lent, Generations United



Jamarl D. Clark, Generations United

The world lost an intergenerational pioneer and hero with the death of Janet Sainer in 2007. Janet, as she was known to everyone, started her more than 50 years of work in the intergenerational field in 1958, working for two synagogues in New York City after graduating with an MSW from Case Western Reserve in Cleveland. Next, Janet joined Community Service Society of New York, where she launched SERVE (Serve and Enrich Retirement by Volunteer Experience), which functioned as the foundation for the Retired Senior Volunteer Program (RSVP). Now administered by AmeriCorps Seniors, RSVP can be found in over 700 sites nationwide. In 1978, Mayor Ed Koch named Janet the Commissioner of the New York City Department for the Aging, a position she held for 12 years. As commissioner, Janet started and expanded senior service programs, including the city Meals-On-Wheels program and several intergenerational programs.

After stepping down as commissioner, Janet served as a special consultant for the Brookdale Foundation Group, a position she held until her death. At Brookdale, she showed her creative genius once again by developing the Relatives As Parents Program (RAPP) that, today, serves grandparents and other relatives raising children. Her staunch advocacy on behalf of grandfamilies led the 1995 White House Conference on Aging to recommend adopting a policy supporting grandfamilies.

Janet had another major victory with the National Family Caregiver Support Program (NFCSP). She encouraged Generations United to advocate for the inclusion of grandparent caregivers. When Congress reauthorized the Older Americans Act in 2000, it included the NFCSP and authorized states to spend up to 10 percent of the funds on grandfamilies. In 2003, Generations United presented Janet with The Jack Ossofsky Award for Lifetime Achievement in Support of Children, Youth and Older Adults. Thanks to the generous support of the Brookdale Foundation Group, Generations United's conference networking breakfast honors Janet into perpetuity.



The Brookdale Foundation Group

The Brookdale Foundation The Glendale Foundation Ramapo Trust
Supporting today's seniors and tomorrow's leaders in aging

Celebrates the memory of **Janet Sainer**

We are pleased to join Generations United in celebrating the life of Janet Sainer. It takes very special people, like Janet Sainer, to work on behalf of intergenerational families. Janet encouraged many in our Relatives as Parents Program (RAPP) Network and beyond to work tirelessly, think outside the box, never give up and serve older adults zealously and with compassion. Those of us who knew her honor her memory by ensuring that older adults and intergenerational families, especially grandparents and other relatives raising children, receive the help and support they need.

Congratulations to all of you who do the same!

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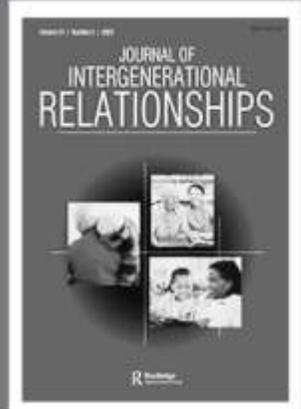
Learn more about our intergenerational
program models, we welcome partnership.

www.dorotusa.org

Stay tuned for the
2024 Special Issue
honoring the life and
contributions of founding Editor,
Sally Newman (1929-2022)

JIR celebrates the
contributions of Ray Engel
(Editor 2014-2023) and
Carrie Rodzicz (Editorial
Assistant 2006-2023) to JIR.

Welcome, Shannon Jarrott
(Editor), Bert Hayslip
(Associate Editor),
Gabe Swim (Editorial
Assistant), and new
Editorial Board members.



Interested in publishing your intergenerational work?
Check out the GU conference workshop with Shannon
Jarrott, Rona Karasik (Gerontology & Geriatrics
Education) and Deborah Whitley (Grandfamilies)



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Roundtable Discussions

8:30 am – 9:30 am

L'Enfant Ballroom

Sponsored by:



Roundtables are small group discussion sessions held concurrently and organized loosely by topic. A brief presentation of the educational content will be followed by guided discussions and dedicated time for questions and answers. You will have the opportunity to visit two roundtables during this 60-minute session. The tables in the room are numbered.

Roundtables At-A-Glance

1. Grandfamilies and Kinship Services and Deficits
2. Kinship Navigator Learning Collaborative
3. Raise the Bar: Resetting Intentional and Meaningful Parent, Caregiver and Family Engagement
4. Promoting Mental Health and Self-Care for Grandfamilies in Florida and Louisiana.
5. Legal Security for Grandfamilies
6. NTDC: A Free Curriculum to Support Kinship Families
7. My Life as a Grandfamilies & Kinship Families Kid: This Is My Story
8. Small, but Mighty – Building Better Kinship Outcomes Through Collaboration and Wraparound
9. Sharing Across Communities: Trauma-Informed Care Enlightens Chinese-American and Asian Caregivers
10. Burned Out?!?! Come Rest Here! Tips & Tricks to Manage Compassion Fatigue
11. AVUS Connect™ AVUS Tech Pals™ Busting Senior Isolation: Empowering Older Adults with Access to Technology
12. Building Multifaceted Campus Partnerships
13. Many Hands Make Light Work-The Benefits of Intergenerational Shared Site Community Partnerships
14. Town & Gown: Building Intergenerational Programs Through Community and Higher Ed Partnerships
15. Bridging the Gap: The Power of Reciprocal Intergenerational Friendships for Teens and Older Adults
16. Lights, Camera, Action: How an Entertainment Industry Nonprofit Produces Meaningful Intergenerational Programs
17. Multigenerational Engagement in Climate Change Solutions
18. Making the Most of Their Changing World: Embracing Intergenerational Community Relationships for Military-Connected Children
19. Innovation in Austin - St. David's Foundation Intergenerational Learning Collaborative
20. Where Are We Now: 36 years of VISIONS Intergenerational Programs
21. Global Intergenerational Week: How Can We Encourage More People to Take Part?
22. Launching Statewide Intergenerational Networks: Lessons Learned in Pennsylvania

1. Grandfamilies and Kinship Services and Deficits

The definition of kinship caregiving will be provided, along with the benefits of having the children stay with family or friends as opposed to entering the child welfare system or being placed in foster care. This roundtable will discuss the reasons a child may be placed with kin and the hardships and struggles that kinship caregivers go through. It will also address the barriers to applying and qualifying for assistance to care for the children and the services that are currently out there to provide support to this population. If time allows, the presenters will tell one of the success stories of their program.

Presenters:

- **Tiffany Carroll**, St. Catherine's Center for Children
- **Lillian Leveque**, St. Catherine's Center for Children

2. Kinship Navigator Learning Collaborative

More than 2.5 million children are raised by their grandparents and/or other relatives, formally through the child welfare system and informally through private family arrangements. When these caregivers take on this responsibility, they often receive limited resources or information on navigating the many systems they might need to access to help them meet the needs of the children in their care. Kinship navigator programs offer information, referral, and follow-up services to grandparents and relatives raising children to link them to the benefits and services they and the children need. Generations United, alongside Casey Family Programs and the University of Washington, launched the Kinship Navigator Learning Collaborative (KNC) in four states – Maine, Montana, Wyoming, and Vermont. Attendees will learn more about how the KNC built a program model, drafted a manual to meet kinship families' unique needs, and improved

community-based responses to help them thrive.

Presenters:

- **Jamarl Clark**, Generations United
- **Karen Gillespie**, Generations United
- **Chandra Ortiz**, Kinship Connections of Wyoming
- **Heidi Lester**, Montana Kinship Navigator Program
- **Sarah Smalls**, Fairfax County Department of Family Services Kinship Committee & Generations United GRAND Voice
- **Bette Hoxie**, Adoptive and Foster Families of Maine, Inc. and The Kinship Program & Generations United GRAND Voice

3. Raise the Bar: Resetting Intentional and Meaningful Parent, Caregiver, and Family Engagement

The Department of Education believes that it's important to engage parents, families, and caregivers authentically and have their voice be a part of its plans moving forward. This roundtable discussion will allow participants to share their experiences, voice their concerns, and discuss what intentional and meaningful parent, family, and caregiver engagement looks like to them to support building strong relationships with schools and communities.

Presenters:

- **Dawn Ellis**, U.S. Department of Education
- **Cecily Darden**, U.S. Department of Education

4. Promoting Mental Health and Self-Care for Grandfamilies in Florida and Louisiana

Children's Home Network in Florida and the Grandparents Raising Grandchildren Information Center of Louisiana will share information on promoting access to mental health services and self-care for grandfamilies through support groups, workshops, and conferences all through a new Humana grant led by Generations United. The presenters will lead an engaging dialogue that emphasizes

the lived experiences of caregivers and peer-to-peer support.

Presenters:

- **Larry Cooper**, Children's Home Network
- **Kathy Coleman**, Grandparents Raising Grandchildren Information Center of Louisiana & Generations United GRAND Voice

5. Legal Security for Grandfamilies

Greenlight Family Services is a nonprofit organization based in Chicago, Illinois. Greenlight focuses on providing legal assistance for the growing population of underserved grandfamilies and other relatives. In this presentation, participants will learn why, without legal custody or guardianship, a grandparent or relative will have difficulty enrolling the child in their care in school, obtaining medical information or treatment, or accessing benefits for them. One of the presenters will share her real-life story. Participants will also leave the session with a better understanding of the different types of legal permanency one may obtain for a grandchild or relative. Lastly, participants will be given the tools they need to reach out to their state's Department on Aging and inquire about available lower-cost or pro bono permanency solutions.

Presenters:

- **Ruth McMahan**, Greenlight Family Services
- **Adrian Charniak**, Generations United GRAND Voice

6. NTDC: A Free Curriculum to Support Kinship Families

This presentation will orient the audience to the National Training and Development Curriculum (NTDC) for foster and adoptive parents, focusing primarily on how it can benefit kinship families. Participants will learn how the content was developed, gain insights from the evaluation results of piloting the curriculum, and experience first-hand how the curriculum can be used to train and support

the ongoing learning needs of kinship families. Attendees will also have the benefit of hearing directly from a kinship and adoptive parent.

Presenters:

- **Lori Vanderwill**, Partners for Our Children | University of Washington
- **Hether Anderson**, Adoptive & Foster Families of Maine Inc. & The Kinship Program

7. My Life as a Grandfamilies & Kinship Families Kid: This Is My Story

This roundtable will focus on the experiences of someone who grew up in a grandfamily, featuring information and ideas based on their experience. The goal is to help others navigate this work and/or help those who are on the journey.

Presenter:

- **Alexis Ellis**, University of Michigan

8. Small, but Mighty - Building Better Kinship Outcomes Through Collaboration and Wraparound

As kinship care continues to take the forefront in best practice within child welfare, Family Resource Centers like the Central Missouri Foster Care and Adoption Association (CMFCAA) and others work to bridge support gaps and break down barriers affecting placement stability and permanency in the lives of these families, which often form with little community or financial supports in place. This roundtable provides an opportunity for established and new kinship navigator professionals to learn what CMFCAA is doing to promote better outcomes within its covered counties. It will also provide time for attendees to share what's working well for their programs and what barriers to services still exist on the agency side.

Presenter:

- **DeAnna Alonso**, The Central Missouri Foster Care and Adoption Association

9. Sharing Across Communities: Trauma-Informed Care Enlightens Chinese-American and Asian Caregivers

In 2021, Lily Liu first learned about person-centered trauma-informed care used in the community of Holocaust survivors. She recognized that many of the principles of this care would be invaluable to Asian-American family caregivers like herself. Many experts consider trauma-informed care to be a paradigm shift in approaching care for loved ones. Indeed, Lily's personal journey in caring for her 90+ mother who has a chronic disease has benefitted from learning about trauma-informed care. She is committed to helping other Asian-American and Asian family caregivers of different generations better understand the importance of identifying trauma in the past life of the loved ones they care for.

Presenters:

- **Lily Liu**, Independent Scholar
- **Leah Bergen Miller**, Jewish Federations of North America

10. Burned Out?!?! Come Rest Here! Tips & Tricks to Manage Compassion Fatigue

Healing is the gathering of resources from within a person, their family (however they define that), and their community. In the unprecedented times we're living in, our clients are not the only ones who are in need of healing and compassion. Often, it is us healers and compassionate caregivers that have the hardest time asking for help or recognizing when we are burned out. Sometimes we think that we shouldn't struggle if we're the helper or that it's a sign of weakness to be burned out. This workshop is designed to squash all of those myths and to get you back to taking care of yourself, so that you can best be equipped to take care of others! Participants will learn how to scale their own level of fatigue and common techniques

that are inexpensive and simple to utilize to minimize the effects of this burnout.

Presenter:

- **Robert Sanoshy**, The Balanced Cairn

11. AVUS Connect™ AVUS Tech Pals™ Busting Senior Isolation: Empowering Older Adults with Access to Technology



United HomeCare®, a 501(c)(3) non-profit home- and community-care organization in South Florida, will present about AVUS Connect and Avus Tech Pals, youth-led Intergenerational Volunteer Programs busting senior isolation and loneliness through access to technology that bridges generations. Participants will learn about AVUS Tech Pals for youth and adult volunteers and their efforts to empower homebound older adults by teaching them how to use technology to connect with the world around them, while fostering friendly intergenerational engagement. Participants will also learn about AVUS Tech Pals' most recent achievements as a grant recipient of the National Community Care Corps in a cooperative agreement with the Federal Administration for Community Living. Avus means "grandfather" in Latin. AVUS Connect was implemented at the start of the COVID-19 pandemic as a community service project and integrated into United HomeCare's Volunteer Department, a newly certified Generations United Program of Distinction.

Presenters:

- **Blanca Ceballos**, United HomeCare
- **Shawn Martinez**, Pomona College

12. Building Multifaceted Campus Partnerships

This roundtable will share best practices for a student housing model with university partnerships. It will also include a discussion about using campus partnerships to create robust program calendars and tailored

intergenerational opportunities for your older adult residents.

Presenters:

- **Erin Erdahl**, Ebenezer | Pillars of Prospect Park
- **Brooklyn Vetter**, Ebenezer | Pillars of Prospect Park

13.Many Hands Make Light Work - The Benefits of Intergenerational Shared Site Community Partnerships

Community partnerships in intergenerational shared site communities are critical to providing quality educational and growth opportunities for the young, old, and everyone in between. Developing a collection of coordinated intergenerational educational and creative learning opportunities provides space for all involved to express themselves individually, builds community, and provides spaces for legacymaking. This can only be done successfully by finding and fostering trusted community partnerships. This roundtable will share a community partnership model and the benefits of intergenerational learning.

Presenters:

- **Ann Schrempp**, Ebenezer
- **Erin Erdahl**, Pillars of Prospect Park

14.Town & Gown: Building Intergenerational Programs Through Community and Higher Ed Partnerships

Community-based organizations and institutions of higher education can be great partners in intergenerational programming. Bringing together older adults and service-learning/community-engagement students offers unique opportunities to create mutually beneficial programs. This roundtable will share perspectives from LBFE Boston and Northeastern University's Community Engaged Teaching and Research Program. Participants will have the opportunity to consider best practices in community-



university partnerships and explore how these types of collaborations could enhance their own intergenerational programming.

Presenters:

- **Cynthia Wilkerson**, LBFE Boston
- **Chelsea Lauder**, Northeastern University

15.Bridging the Gap: The Power of Reciprocal Intergenerational Friendships for Teens and Older Adults

Did you know that teens who have friendships with older adults have an increased sense of belonging and self-esteem, improved social skills, and hold less ageist stereotypes about older adults? Did you know that older adults who have friendships with teens have an increased sense of purpose, feel less isolated and lonely, and hold less ageist stereotypes about teens? One of the defining features of intergenerational programs is that they are mutually beneficial for both generations. Yet in practice and research, many programs focus on the impacts for only one generation. This workshop offers valuable insights and strategies for creating meaningful, reciprocal connections across generations by drawing on examples from successful, long-term intergenerational programs. Real-life stories and videos of intergenerational friendships will help convince you of the importance and benefits of connecting teenagers and older adults and inspire you to create reciprocal intergenerational programs in your own communities.

Presenters:

- **Betty Good**, LINKages Society of Alberta
- **Amber Dukart**, University of Calgary Faculty of Social Work

16.Lights, Camera, Action: How an Entertainment Industry Nonprofit Produces Meaningful Intergenerational Programs

The Motion Picture & Television Fund (MPTF) empowers volunteers to engage in meaningful intergenerational programs that



boost well-being and purpose in life for all participants. This presentation will share best practices and lessons learned for developing, implementing, and evaluating a variety of intergenerational programs. MPTF volunteers from age 6 – 100 participate in campus-based activities for assisted living, independent living, skilled nursing, and memory care residents, and community-based activities serving older adults aging in place at home, through in-person and virtual volunteer opportunities. In addition to overviewing our volunteer programs, this session will highlight: Passing The Torch, MPTF's Intergenerational Mentorship Program, connecting retirees with high school and college-aged youth interested in joining the entertainment industry; Intergenerational Technology Programs, including Senior Planet, Tech Tutors, and Tech Table; and Angel Cards, which has created and delivered over 10,000 letters to isolated and aging entertainment industry members around holidays and birthdays.

Presenters:

- **Fredda Johnson**, Motion Picture & Television Fund (MPTF)
- **Carly Roman**, Motion Picture & Television Fund (MPTF)

17. Multigenerational Engagement in Climate Change Solutions

This roundtable aims to bring together professionals, educators, caregivers, and advocates to discuss experiences and ideas on multigenerational engagement in climate change, an important but often overlooked area for coalitions and partnership. Climate change advocacy is currently dominated by younger adults and adults at mid-life. However, emerging research has identified important ways that older adults can and do contribute to climate change activism. Deeper discussions about multigenerational engagement in climate change are warranted to further identify ways that communities can work across generations to identify solutions

to problems produced by climate change such as growing crises in housing, caregiving, health, and food insecurity. This roundtable will engage people in thoughtful discussions about these topics, build new networks, and identify next steps for moving forward.

Presenter:

- **Angie Perone**, University of California, Berkeley School of Social Welfare

18. Making the Most of Their Changing World: Embracing Intergenerational Community Relationships for Military-Connected Children

Military service is accompanied by sacrifice, but the often invisible sacrifices of military-connected children (MCC) and families (MCF) can have lasting effects. Service-related obligations distance extended family members and can result in a lack of critical social support. Providing opportunities for MCC to build strong, positive relationships with older adults locally could bridge this gap and impact the whole family. Though multiple theoretical positions (e.g., bioecological systems theory, theories of psychosocial development, sociocultural theory) support the idea of intentional programming to facilitate intergenerational relationships between MCC and older adults in the community, empirical evidence of programming with this population does not exist. Similar community-based interventions in civilian populations offer promising frameworks for a targeted programming model for MCF. In addition to making the case for this gap in practice, this roundtable hopes to harness the experience of session participants to create an actionable plan for implementation.

Presenter:

- **Abigail Stephan**, Institute for Engaged Aging

19. Innovation in Austin - St. David's Foundation Intergenerational Learning Collaborative

Amazing things are happening in Austin, Texas. With support from St. David's Foundation, local groups are developing and strengthening diverse intergenerational programs in the region. Come learn about the incredible work of three of the grant partners. In Austin Bat Cave's Intergenerational Storytelling program teens and older adults use journaling, oral storytelling, letter writing, and visual art to build understanding, empathy, and meaningful connection. El Buen's Juntos: Sharing Our Stories intergenerational project creates space for youth and older adults to increase engagement, connectedness, and learning through participating in leadership development, digital and computer literacy courses, and digital photography sessions. Alliance for African American Health in Central Texas Inter-generational Gardening Soul to Soul program brings youth, adult leaders, and older adults together to construct and maintain vegetable gardens at the older adult's home while also discussing food sovereignty, food policy, financial literacy, and environmental justice.

Presenters:

- **Heather Jones**, Austin Bat Cave
- **Gerardo Martinez**, El Buen Samaritano
- **Marva Overton**, Alliance for African American Health in Central Texas

20. Where Are We Now: 36 Years of VISIONS Intergenerational Programs

VISIONS/Services for the Blind and Visually Impaired in NYC created a Human Mosaic curriculum in 1987 to address the myths and stereotypes that youth and older adults held about one another. Originally created to address ageism, racism, and the fear that older adults expressed about youth, the intergenerational program continues to



combat stereotypes and also uses the skills of both generations to obtain mutual benefit. Intergenerational activities reduce the social isolation of blind older adults and tap their experience to guide youth in their decisions about college and work. Youth provide assistive technology training, show blind older adults how to use smartphone accessibility features, and help blind older adults with online applications to obtain volunteer and paid jobs. The program is funded by NYC: Aging and foundations. The VISIONS CEO will chair the roundtable discussion.

Presenter:

- **Nancy D. Miller**, VISIONS/Services for the Blind and Visually Impaired

21. Global Intergenerational Week: How Can We Encourage More People to Take Part?

Global Intergenerational Week, a campaign aiming to connect everyone who is passionate about everything intergenerational, grows every year. In 2023, Generations Working Together (the lead organization) is bringing together 15 countries from around the world to celebrate all things intergenerational. The week looks to inspire individuals, groups, and organizations to fully embrace intergenerational practice, connecting people of all ages, especially the younger and older generations. Each day of Global Intergenerational Week will take on a different theme, including health, ageism, discussions on local and global partnerships, and more. This session will support a collaborative conversation about developing activities within communities during this week and how to encourage new individuals and organizations to take part.

Presenters:

- **Alison Clyde**, Generations Working Together Scotland
- **Bella Kerr**, Generations Working Together Scotland

22. Launching Statewide Intergenerational Networks: Lessons Learned in Pennsylvania

Intergenerational networks are more than “clearinghouses.” They are dynamic “hubs” connecting staff and volunteers with practitioners and specialists, helping them plan, implement, evaluate, and disseminate intergenerational programs and practices. They are “vision enablers,” stimulating collaborations, sparking and incubating new ideas and demonstration projects, and enabling social and organizational change on a more ambitious level. Drawing from research and lessons learned while establishing PIN (Pennsylvania Intergenerational Network), the presenters will describe strategies for planning, structuring, launching, and sustaining intergenerational networks and will share how their PIN connections helped

elevate their intergenerational thinking, broaden their circle of collaborators, and generate opportunities to expand and diversify their program-related pursuits. Session participants will be encouraged to envision ways in which a multi-faceted intergenerational network might contribute to their own intergenerational initiatives. Prompts for discussion will center on issues related to network membership, leadership structure, and goal alignment with local concerns and interests.

Presenters:

- **Matt Kaplan**, Penn State University
- **Kyle Peck**, Penn State University / Doing Good with Wood
- **Kenna Embree**, Vincentian Collaborative System

Workshop Block 6

9:45 am - 10:30 am | 4 workshops running concurrently

Intergenerational Early Pre-school Reading: Engaging Spanish Speaking Moms with Older Adults

Gallery I (2nd Floor)



The Gaithersburg Beloved Community Initiative (GBCI) - located at Asbury Methodist Village, a large continuing care community - was recognized in 2020 as a Program of Distinction by Generations United. GBCI manages eight intergenerational programs and engages over 125 older adults with the low-income residents of Gaithersburg. Working with parents in two elementary school mentoring programs, GBCI learned that many of the students entering kindergarten were behind in their vocabulary. When they enter school, children from poor families have heard three million fewer words than children from middle-class families. With the parents, GBCI developed the Early Steps Reading Program to teach moms how to read to their children and how to use the local library. This workshop will detail how GBCI organized the Early Steps program and how GBCI is now training five of the moms to run the program. The presenters will share learnings and lessons in this important work.

Presenters:

- **Rebecca Cole**, Gaithersburg Beloved Community Initiative
- **Sarahi Segura**, Gaithersburg Beloved Community Initiative
- **Mirian Hernandez de Lemus**, Gaithersburg Beloved Community Initiative

Commit to Connect Intergenerational Community of Practice Responds to Loneliness and Social Isolation

Gallery II (2nd Floor)



Social isolation and loneliness have increased significantly in recent years among youth and older adults, with corresponding declines in health and wellness. The Administration for Community Living responded in 2021, launching the Commit to Connect campaign to promote social connectedness for community-based older adults and adults with disabilities. In 2022, 35 practitioners from 20 states formed a Community of Practice to share their wisdom and plan intergenerational strategies to promote social connection at their organizations. This session will review literature linking health, social isolation, loneliness, and the impact of intergenerational programming. The panel will concentrate on how the Community of Practice was formed and implemented via Commit to Connect with Generations United. Community of Practice members representing different client populations, states, and services will share their experience of the Community and progress promoting social connection intergenerationally through partnership formation, stakeholder preparation, evaluation, and communication.

Presenters:

- **Pam Plimpton**, Aging & Independence Services, County of San Diego
- **Jan Amys**, Northland Foundation
- **Carly Roman**, Archstone Foundation
- **Shannon Jarrott**, The Ohio State University
- **Meredith Hanley**, USAging

A Scoping Review of Multigenerational Programming with LGBTQ+ Communities: Evolving Practices and Promising Programs

Gallery III (2nd Floor)

This session will provide an overview of all published articles describing multigenerational programming with LGBTQ+ communities, including basic descriptions of the programs (e.g., participants, duration, type of programming, purpose, etc.), programmatic benefits (e.g., health and wellbeing, community, social connection, organizational growth, etc.), and suggested areas of improvement for multigenerational programming for LGBTQ+ communities. It will include small group breakouts to discuss this research and incorporate participants' own experiences with and questions about multigenerational programming. Participants will share information and ideas from small group discussions with the larger group to provide a space for generative conversation and larger takeaways about multigenerational programming with LGBTQ+ communities.

Presenters:

- **Angie Perone**, University of California Berkeley School of Social Welfare
- **Elise Hernandez** (They/Them), SAGE USA

Continuing the Conversation: Supporting the Nutrition, Health, and Well-Being of Grandfamilies

Gallery IV (2nd Floor)

This workshop focuses on supporting the nutrition, health, and well-being of grandfamilies, which are the families that form when relatives (grandparents, aunts, uncles, siblings, etc.) or close family

friends take on the responsibility of raising children without their parents in the home. A new report released by Generations United highlights the fact that the 2.5 million children in the United States growing up in grandfamilies face higher rates of hunger and food insecurity than their peers. Attendees will understand the critical role grandfamily caregivers play in the lives of children and the challenges they face in securing food and nutrition supports. Participants will hear from national organizations that address food insecurity and ensure access to adequate nutritious food for grandparents and other relatives.

Presenters:

- **Jamarl D. Clark**, Generations United
- **Karen Gillespie**, Generations United & Generations Together
- **Keith Lowhorne**, Alabama Foster and Adoptive Parent Association & Generations United GRAND Voice

Workshop Block 7

10:45 am - 11:30 am | 4 workshops running concurrently

COMBINATION SESSION

Gallery I (2nd Floor)

A combination workshop session includes two presentations on a similar topic.

Building a Sustainable Intergenerational Program by Creating a Train-the-Trainer Model



This presentation chronicles the community development process started “to bolster feelings of belonging and social inclusion” that led to a sustainable intergenerational program. UpSocial Canada launched its Caring Community Challenge and worked with a Toronto neighborhood to identify a need for intergenerational programming. The group selected the Link Generations model in Bethesda, MD to pilot in the community. Aging and youth organizations in Toronto were recruited as community partners. Link Generations worked with Circle of Care in Toronto to pilot the model in the new setting and found positive results for both youth and older participants. The partners asked themselves how they could make this model sustainable and continue generating the benefits of the intergenerational connections. The answer was to create a train-the-trainer model.

Presenter:

- **Lori Marks**, Link Generations

Create Intergenerational Relationships through the Arts Both In-Person and Online



For 15 years, Scripps Gerontology Center’s Opening Minds through Art (OMA) program has transformed intergenerational visual art programming for people living with dementia (PLWD). Typically an in-person program, OMA created virtual opportunities to connect generations and combat social isolation during the pandemic. Research comparing in-person and virtual programming showed students’ attitudes toward PLWD improved to a similar degree in both formats, suggesting quality virtual programs can enhance interactions between generations. With the success of virtual OMA, ScrippsAVID (Arts-based, Virtual, Intergenerational, Dementia-friendly) was developed. ScrippsAVID, a free video-chat platform, connects older adults, including PLWD, with

younger adults to discuss art, music, poetry, and stories. Participants are encouraged to ask questions and share stories based on their own experiences for richer, personal connections. Both programs address older adults' needs for social and creative engagement while providing students opportunities to develop communication skills and build relationships with older adults, with and without dementia, outside their families.

Presenters:

- **Meghan Young**, Scripps Gerontology Center, Miami University
- **Krysta Peterson**, Scripps Gerontology Center, Miami University

International Symposium: Changing Demographics Can Result in Strengthening Families

Gallery II (2nd Floor)

This session aims to highlight intergenerational solidarity in light of demographic changes, one of the megatrends identified by the United Nations. Join a panel of international experts as they discuss the key role people of all ages play in supporting strong families and communities. Learn about plans and preparations for the observance of the 30th anniversary of the International Year of the Family, 2024 (IYF+30) including preliminary results from an expert symposium conducted earlier in the week. The work of Generations United representatives to the United Nations to encourage intergenerational solutions will be highlighted as well as Singapore's efforts to integrate intergenerational approaches enabling Singapore to reach its goal of becoming a country for all ages.

Presenters:

- **José Alejandro Vázquez**, United Nations Representative, International Federation for Family Development (moderator)
- **Renata Kaczmarek**, Social Affairs Officer, Focal Point on Families, United Nations
- **Leng Leng Thang**, National University of Singapore
- **Kevin Brabazon**, United Nations Representative, Generations United

COMBINATION SESSION

Gallery III (2nd Floor)

A combination workshop session includes two presentations on a similar topic.

For Whom Does Service Learning Really Serve: Intergenerational Benefits for Reducing Loneliness and Isolation

Studies have shown that half of those over 65 report feeling lonely. Loneliness is also a problem among college students, who may struggle to make meaningful connections amid a new and often overwhelming environment. COVID-19 has further exasperated this phenomenon for both generations. This workshop will present findings from a service-learning project with the Pennsylvania Department on Aging and Widener University Center for Social Work Education. Students were paired with older adults and required to make ten one-hour weekly phone or zoom connections. Student reflections reveal that this experience helped both groups freely discuss their experiences with loneliness and isolation and build new bonds of friendship. It also helped students develop a sense of empathy, purpose, and gratitude and recognize the rewards of careers in geriatric social work. Recommendations for replication will be shared.

Presenters:

- **Robin Goldberg-Glen**, Widener University, Center for Social Work Educaiton
- **Stephanie Cole**, Pennsylvania Department on Aging
- **Jessica Mereshensky**, Widener University, Center for Social Work Educaiton

You Talking To Me? New Directions in Gero-Education: Innovative and Intergenerational Curricula. Preparing the Workforce!

The most significant generational demographic shift is upon us and is growing. The age-related workforce has been educated in acute crisis mode, and academia has been historically negligent in key psychosocial areas of aging, life-span-related preventative care, effects of age segregation, community development, and intergenerational relationships. Higher education plays a critical role in perceptions of aging through research and in the classroom. It is time to move away from doom and gloom aging perspectives towards healthy, age-integrated, holistic-oriented aging. The Insights into Healthy Aging: Promoting Healthy Minds, Brains, and Lives certificate, at the University of Arizona, is doing just that –educating students on the facts and science of aging while debunking the myths that plague society. Within the classroom and by integrating experiential learning through the Life Lessons Mentorship program, faculty provide an interdisciplinary approach to aging that prepares students for the workforce through knowledge and experience.

Presenters:

- **Linda Hollis**, University of Arizona
- **Trish Chilton**, University of Arizona

Planting Seeds: Using an Equity Lens to Cultivate a Kinship Culture of Continuous Learning

Gallery IV (2nd Floor)

Kinship navigation programs across the country are innovating rapidly to meet the needs of families and prevent entry into foster care. But how are programs strategically, equitably meeting the learning needs of their kinship caregivers? Join Ohio's Kinship & Adoptive Navigation program (OhioKAN) Regional Director and Statewide Trainer to learn how they designed and implemented an accessible, compensated training experience for kinship caregivers on a variety of topics, including trauma, benefits coordination, and LGBTQ+ youth. You'll learn about OhioKAN's statewide approach to gathering feedback from kinship families on their intergenerational learning needs, how to leverage various learning tools for learner engagement, how to strategize the implementation of a new Learning Management System (LMS), and how to apply equity principles in developing responsive curricula for kinship caregivers. If you or your organization are looking to facilitate a culture of continuous learning for the communities you serve, this workshop is for you.

Presenters:

- **Teresa Scrimenti**, Kinnect
- **Maria Laib**, Kinnect
- **Yvonne Fox**, Chapin Hall Center for Children at the University of Chicago
- **Joe Sack**, Kinnect

Closing Luncheon: Connecting Generations Through Music

11:45 am - 1:15 pm

L'Enfant Ballroom

Sponsored by:



By bringing together musicians ranging in age from 14-76, of all racial and socioeconomic backgrounds, the Eisner Intergenerational Music Programs at Heart of Los Angeles (HOLA) not only give community members an opportunity to play and perform, but also the chance to build relationships with people they might not otherwise encounter - strengthening the entire community. Join HOLA Executive Director Tony Brown, The Eisner Foundation CEO Trent Stamp, and musicians Ben Al-Mateen and Louis Fantasia for discussions on how the Eisner Intergenerational Orchestra, Choir, and Big Band came to be, their successes thus far, and plans for the future.

Panelists:



Trent Stamp
(moderator),
The Eisner Foundation

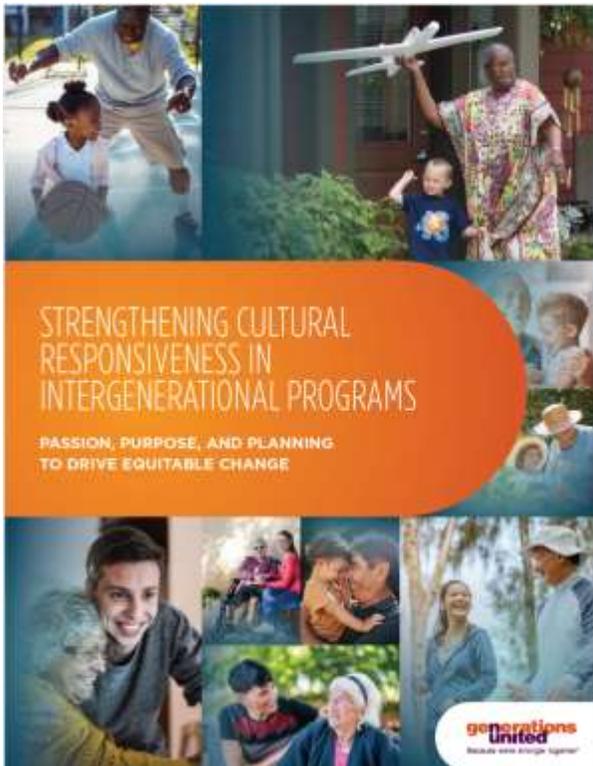


Tony Brown,
Heart of Los Angeles



Ben Al-Mateen,
Musician, The Eisner
Intergenerational Big
Band

Louis Fantasia,
Musician, The Eisner
Intergenerational
Orchestra



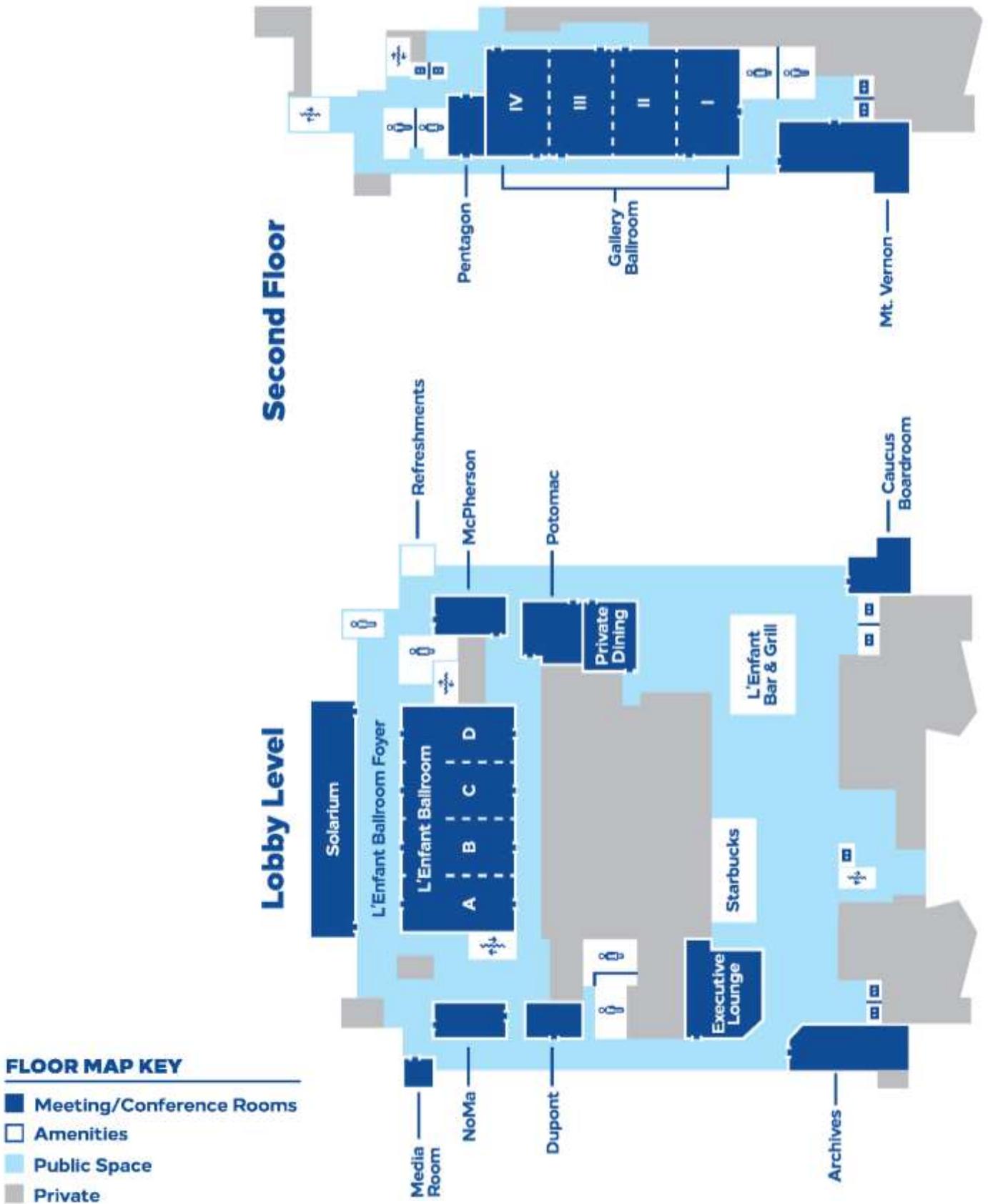
New Generations United Report on Diversity and Intergenerational Programs Released at the Conference!

Limited copies will be available at the Opening Session, July 27 8:30 am - 10:00 am

Scan to access online



HOTEL MAP



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We're pleased to welcome our new Eisner Prize Fellows, past Eisner Prize winners, innovators, leaders, funders, and practitioners from all over the world bringing generations together to make their communities stronger.