STAYING HEALTHY ACROSS GENERATIONS:
Vaccines are Essential for All Ages

Grandparents are Essential Caregivers
Grandparents are often primary caregivers or routinely supporting parents.

Impact of COVID-19 on
Grandparents and Older Caregivers
The risk for severe illness from COVID-19 increases with age. Older adults have to balance the health risk of exposure to COVID-19 with consequences of social isolation and financial stability.

Vaccines Aren't Just for Kids –
They Protect All Generations
Staying up to date on vaccines for the flu, pneumonia and whooping cough are important to protect both older adults and children - and soon a vaccine for COVID-19 will also be critical for both age groups.

Grandparenting Today Requires Taking Care of Yourself in Order to Be There for Children

References:
U.S. Census Bureau; AARP; Generations United; ZERO TO THREE; and the Centers for Disease Control and Prevention.

For full citations, visit www.gu.org.

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