



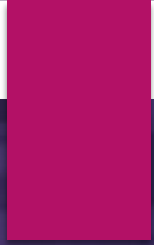
Intergenerational Programs & Physical Distancing

What to do when we can't be together

March 26, 2020

**generations
united**

Because we're stronger together®



“We formed Generations United to argue for a caring society.”



Goals Today

- ▶ Check-in and share ways we can stay connected as a field
- ▶ Share what we are hearing about how programs are adapting in response to COVID-19 and learn about your ideas

Fist to Five Check In

How are you today?

Fist:

Should have stayed in
bed



Five:

Feeling Great



Activity shared by:
Rachel B. Cohen, MSW, MUP
President, Aging-Dynamics
www.aging-dynamics.com



Staying Connected

- ▶ Intergenerational Connections Facebook Group
<https://www.facebook.com/groups/intergenerational/>
- ▶ Zoom Meetings
- ▶ Generations This Week (GTW) – Click “Get Involved” on www.gu.org
- ▶ www.gu.org/covid-19
 - ▶ COVID-19 Fact Sheet for Grandfamilies and Other Multigenerational Families
- ▶ Gen2Gen Call: Visit <https://generationtogeneration.org/> for link to register
 - ▶ March 27, 4pm EST: How COVID-19 is impacting Gen2Gen programs with Encore.org
- ▶ Other connections?

[Press Room](#)

[Contact Us](#)



[Resource Library](#)



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[COVID-19](#)

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[What We Do](#)

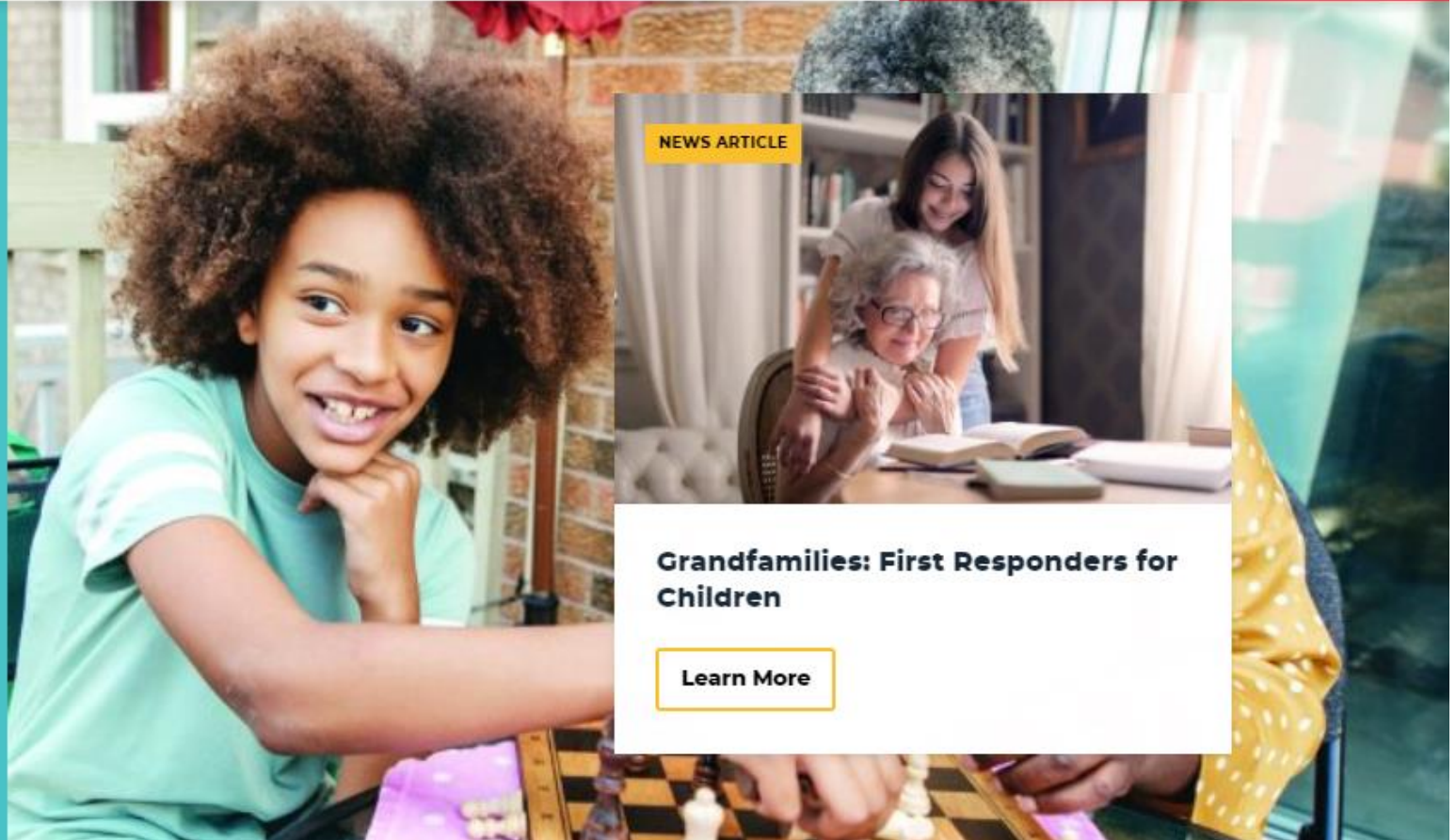
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**We believe in
a world that
values and
engages all
generations.**

[More About Our Mission](#)



NEWS ARTICLE

**Grandfamilies: First Responders for
Children**

[Learn More](#)

Activity Ideas – Pen Pals

- ▶ Making Videos
- ▶ Sharing Artwork and Music
- ▶ Writing Letters/Sending Cards
 - Empowering the Ages Sharing Smiles Program (<https://empoweringtheages.org/sharing-smiles/>)
 - The Best Day of My Life So Far (bestdayofmylifsofar.org)
- ▶ Digital Storytelling
- ▶ Conducting Oral Histories
- ▶ Podcast or Blog



Activity Ideas – Helping Out

- ▶ Shopping/Errands
- ▶ Yard Clean Up/Outside Maintenance
- ▶ Digitize Photos/Family Tree
- ▶ Virtual Tutoring/Mentoring
- ▶ Telephone/Text Check-ins
 - Mon Ami (monami.io)
- ▶ Virtual Reading
 - Caribu (<https://caribu.com/>)



Virtual Opportunities

- ▶ Kairos Alive Daily Swing via Facebook Live – 4pm Eastern (facebook.com/kairosdancetheatre/) (kairosalive.org)
- ▶ Senior Planet Virtual Events (seniorplanet.org)
- ▶ DOROT University Without Walls (dorotusa.org)
- ▶ Silver Kite Online Events (silverkite.us)
- ▶ Virtual Volunteering
 - Volunteer Match (www.volunteermatch.org)
 - AARP's Create the Good (createthegood.aarp.org)
 - Many More!

Access to the Internet and Technology

- ▶ Senior Planet's Stuck at Home Guide: How to Get On-line
<https://seniorplanet.org/stuck-at-home-guide-get-online/>
- ▶ Low-Cost/Free Internet Access from several ISPs
- ▶ Xfinity WiFi hotspots are free nationwide
 - More information and the Xfinity WiFi Hotspot map at <https://wifi.xfinity.com/>
- ▶ Ideas on Technology?



Using Technology to Connect Generations

- ▶ Report
- ▶ Program Profiles
- ▶ <https://aese.psu.edu/extension/intergenerational/program-areas/technology>





Q&A Discussion

Next Steps

1

Continue to Share

2

Complete the
Follow-Up Survey

3

Subscribe to GTW
and Visit
www.gu.org/covid-19
for Future Dates
and More
Information



Join Generations United

www.gu.org/get-involved

We want to hear from you...

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Generations United

www.gu.org

Facebook Group

www.facebook.com/groups/intergenerational/



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