Intergenerational Programs & Physical Distancing
What to do when we can’t be together

March 24, 2020
Goals Today

▶ Check-in and share ways we can stay connected as a field
▶ Share what we are hearing about how programs are adapting in response to COVID-19 and learn about your ideas
Fist to Five Check In
How are you today?

Fist:
Should have stayed in bed

Five:
Feeling Great

Activity shared by:
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Staying Connected

- Intergenerational Connections Facebook Group
  https://www.facebook.com/groups/intergenerational/
- Zoom Meetings
- Generations This Week (GTW)
- www.gu.org/covid-19
- Gen2Gen Calls: Visit https://generationtogeneration.org/ for links to register
  - March 25, 4pm EST: How to live #Gen2Gen in the time of COVID-19 with Encore.org
  - March 27, 4pm EST: How COVID-19 is impacting Gen2Gen programs with Encore.org
- Other ideas?
We believe in a world that values and engages all generations.

More About Our Mission

Grandfamilies: First Responders for Children

Learn More
Activity Ideas

- Pen Pals
  - Making Videos
  - Sharing Artwork and Music
  - Writing Letters/Sending Cards
  - Digital Storytelling
  - Conducting Oral Histories

- Helping Out
  - Shopping/Errands
  - Yard Clean up/Outside Maintenance
  - Digitize Photos/Family Tree
  - Virtual Tutoring/Mentoring

- Podcast or Blog

- Virtual Reading
  - https://caribu.com/

- Telephone/Text Check-ins

- Online Gatherings & Activities
  - Recorded/Live Streaming
  - Zoom
  - Facebook Live
  - Webinars
  - Etc.
Some Virtual Opportunities

- Kairos Alive Daily Swing via Facebook Live – 4pm Eastern (facebook.com/kairosdancetheatre/) (kairosalive.org)
- Senior Planet Virtual Events (seniorplanet.org)
- DOROT University Without Walls (dorotusa.org)
- Silver Kite Online Events (silverkite.us)
- The Best Day of My Life So Far (bestdayofmylifesofar.org)
- Virtual Volunteering
  - Volunteer Match (www.volunteermatch.org)
  - AARP’s Create the Good (createthegood.aarp.org)
Using Technology to Connect Generations

- Report
- Program Profiles
- https://aese.psu.edu/extension/intergenerational/program-areas/technology
Break Out Discussions

- Share your name and where you are from
- Discussion Questions
  - What ideas do you have for maintaining or building intergenerational connections during the pandemic?
  - What specific challenges are you facing?
  - Something else on your mind?
Next Steps

1. Continue to Share

2. Complete the Follow-Up Survey

Join Generations United

www.gu.org/get-involved
We want to hear from you...

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