

Intergenerational Programs & Physical Distancing

What to do when we can't be together

March 24, 2020

**generations
united**

Because we're stronger together®

Goals Today

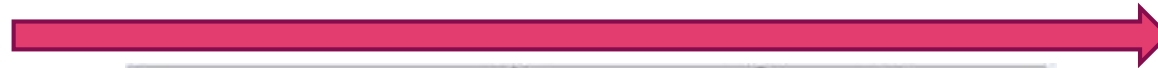
- ▶ Check-in and share ways we can stay connected as a field
- ▶ Share what we are hearing about how programs are adapting in response to COVID-19 and learn about your ideas

Fist to Five Check In

How are you today?

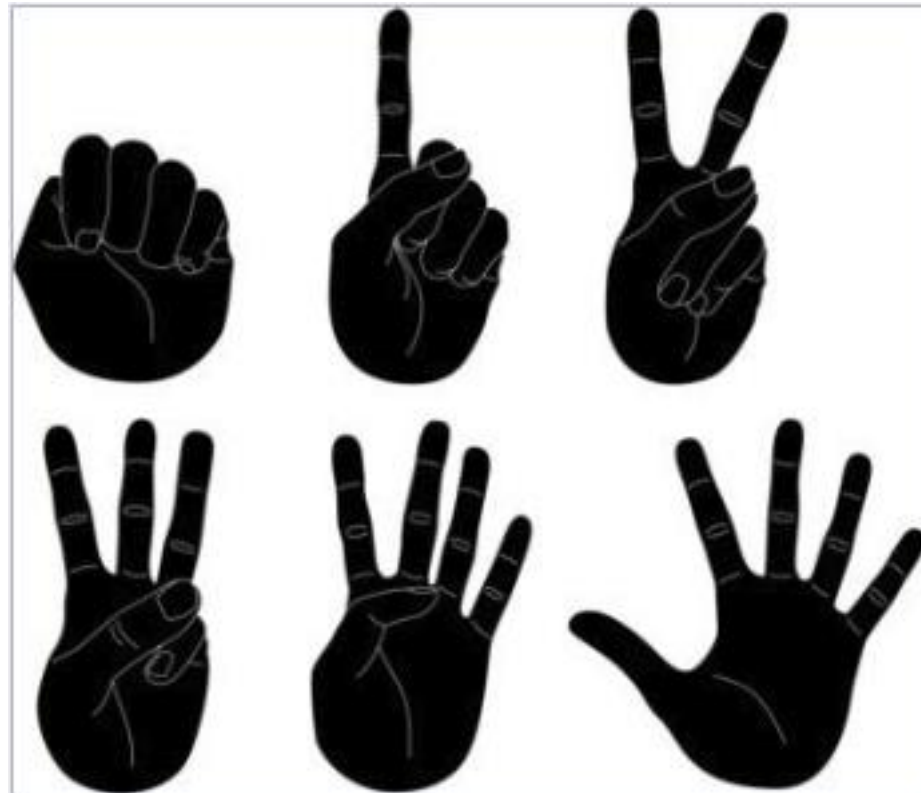
Fist:

Should have stayed in bed



Five:

Feeling Great



Activity shared by:
Rachel B. Cohen, MSW, MUP
President, Aging-Dynamics
www.aging-dynamics.com

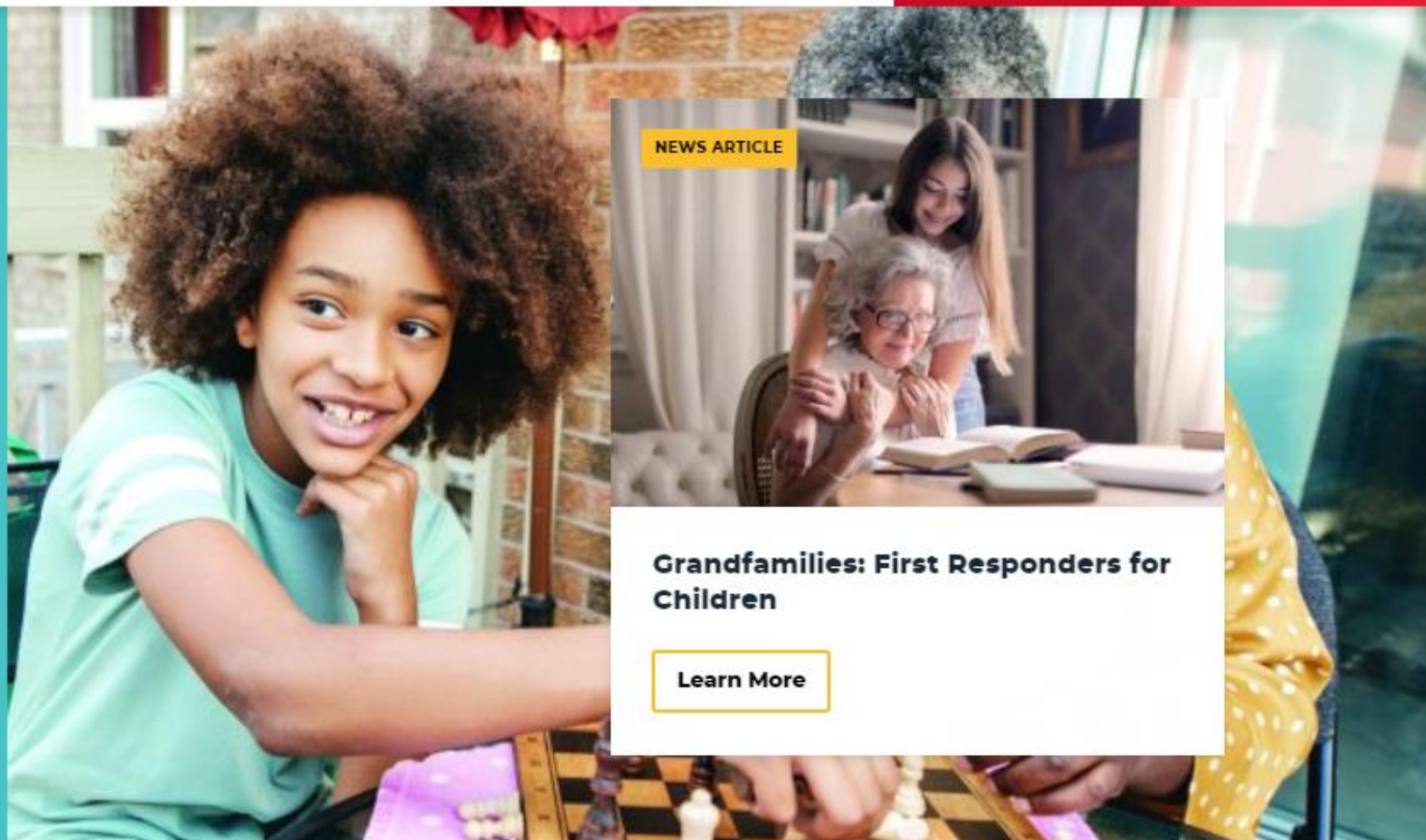


Staying Connected

- ▶ Intergenerational Connections Facebook Group
<https://www.facebook.com/groups/intergenerational/>
- ▶ Zoom Meetings
- ▶ Generations This Week (GTW)
- ▶ www.gu.org/covid-19
- ▶ Gen2Gen Calls: Visit <https://generationtogeneration.org/> for links to register
 - ▶ March 25, 4pm EST: How to live #Gen2Gen in the time of COVID-19 with Encore.org
 - ▶ March 27, 4pm EST: How COVID-19 is impacting Gen2Gen programs with Encore.org
- ▶ Other ideas?

**We believe in
a world that
values and
engages all
generations.**

[More About Our Mission](#)



NEWS ARTICLE

Grandfamilies: First Responders for Children

[Learn More](#)

Activity Ideas

- ▶ Pen Pals
 - Making Videos
 - Sharing Artwork and Music
 - Writing Letters/Sending Cards
 - Digital Storytelling
 - Conducting Oral Histories
- ▶ Helping Out
 - Shopping/Errands
 - Yard Clean up/Outside Maintenance
 - Digitize Photos/Family Tree
 - Virtual Tutoring/Mentoring
- ▶ Podcast or Blog
- ▶ Virtual Reading
 - <https://caribu.com/>
- ▶ Telephone/Text Check-ins
- ▶ Online Gatherings & Activities
 - Recorded/Live Streaming
 - Zoom
 - Facebook Live
 - Webinars
 - Etc.

Some Virtual Opportunities

- ▶ Kairos Alive Daily Swing via Facebook Live – 4pm Eastern (facebook.com/kairosdancetheatre/) (kairosalive.org)
- ▶ Senior Planet Virtual Events (seniorplanet.org)
- ▶ DOROT University Without Walls (dorotusa.org)
- ▶ Silver Kite Online Events (silverkite.us)
- ▶ The Best Day of My Life So Far (bestdayofmylifsofar.org)
- ▶ Virtual Volunteering
 - ▶ Volunteer Match (www.volunteermatch.org)
 - ▶ AARP's Create the Good (createthegood.aarp.org)

Using Technology to Connect Generations

- ▶ Report
- ▶ Program Profiles
- ▶ <https://aese.psu.edu/extension/intergenerational/program-areas/technology>

**USING TECHNOLOGY TO
CONNECT GENERATIONS**



**generations
United**
Because we're stronger together®

PENNSSTATE




Q&A

Break Out Discussions

- ▶ Share your name and where you are from
- ▶ Discussion Questions
 - ▶ What ideas do you have for maintaining or building intergenerational connections during the pandemic?
 - ▶ What specific challenges are you facing?
 - ▶ Something else on your mind?

Next Steps

1

Continue to Share

2

Complete the
Follow-Up Survey

3

Subscribe to GTW
and Visit
www.gu.org/covid-19
for Future Dates
and More
Information



Join Generations United

www.gu.org/get-involved

We want to hear from you...

Sheri Steinig

ssteinig@gu.org

Emily Patrick

epatrick@gu.org

Generations United

www.gu.org

Facebook Group

www.facebook.com/groups/intergenerational/

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