The United States is in the midst of a demographic transformation. By 2040, older adults, children and youth will make up over 40% of the U.S. population. We are more racially and ethnically diverse. By 2042, more than half of the nation will be people of color. There is a growing racial generation gap. Today, more than half of Americans under the age of five are people of color compared to less than one in five Americans over 65.

America's young and older people are a great asset yet many remain untapped. Facilities that serve younger and older people save on some of the most significant program costs (personnel and rent) when they share expenses. Children and adults in intergenerational programs can increase their levels of physical activity, increase consumption of fruits and vegetables and decrease their time watching TV or playing video games.

Youth who connect with older adults can improve academic performance, confidence and self esteem, and attitudes toward learning. Older adults who volunteer report lower disability, greater well-being, increase in brain activity, and reduced depression.

Capitalizing all assets: America's younger and older people are a great asset yet many remain untapped. There are 108 million Americans over 50. A volunteer hour is valued at $24 per hour. If 2% of adults 50+ gave up 2% of TV time to volunteer it would generate over $2.5 billion dollars in new human capital assets per year.

Investing in all generations makes sense and mobilizing the generations is cost effective and life changing. There are 72 million people over the age of 65. By 2040, older adults, children and youth will make up over 40% of the U.S. population. We are more racially and ethnically diverse. By 2042, more than half of the nation will be people of color.

When you mix ages you get better results. There is magic when you mix, experience, wisdom and fresh perspectives. Bridging generations enriches communities. We can solve real problems and build connections among generations and their communities. The result is life gets better - for all of us.

It costs less, you get more. Facilities that serve younger and older people save on some of the most significant program costs (personnel and rent) when they share expenses. The known benefits of programs that connect the generations could reduce healthcare costs.